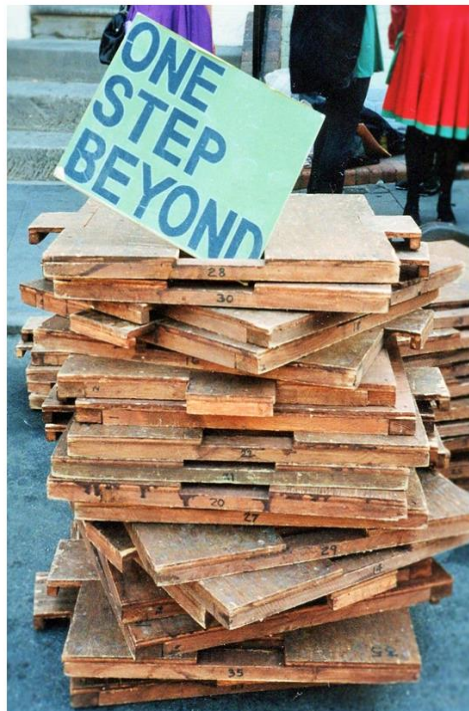


The Tappers' Retreat



**The dances of
One Step Beyond
Appalachian Step Dancers
1988—2012**

The Tappers' Retreat

A Book of Notations of the Dances of One Step Beyond

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One Step Beyond – A Brief Biography 1988-2012



One Step Beyond is the performance name of a group of dancers and musicians from the Worcestershire and West Midlands regions of the UK.

We started life in 1988 after being inspired by the Appalachian dance performances we had seen at various events and festivals. Our base for dance practice and rehearsal varied over the years, but was always in the Bromsgrove area. For various reasons, but primarily the desire to finish at peak performance level, we made the hard decision to 'hang up our boots' in 2012.

We performed at a variety of events, including concerts and ceilidhs. We also gave street performances, danced at festivals, and other public and private functions.

Throughout our 24 years together, performing in the UK and abroad, we consistently received high acclaim for our lively and professionally delivered performances. Each individual dancer and musician in the group played their part in achieving this, but we give special mention to Rosemary (Kay) Spires, our Dance Director, for her inspired choreography and staging that gave us our uniqueness.

Our Repertoire

Our significant repertoire of fast paced and highly visual dances in the Appalachian style, percussive acappella routines and contra rhythms was devised and choreographed by the group and our Dance Director. They are unique to One Step Beyond (OSB).

Our Band

We always danced to live music, played by our own band of musicians. From the outset involvement of local musicians with OSB was of paramount importance. Initially, with a line up of fiddle, guitar and banjo, a group of local musicians, later to become known as *Two Steps Back*, worked closely with the dancers to create a sense of performance.



A characteristic of a OSB performance was the linking of several dances to form a set. This linking required discussion and cooperation between the musicians and dancers. Much time and 'free and frank' discussion was spent in both getting the right tunes for the dances and in creating musical links between the dances; tunes that would both lift the dance and, when linked, would create a dynamic point in the performance.

Patricia Black (Dancer)
David Clarke (Musician)

Dance Director Kay Spires on One Step Beyond's Book of Notations

Why have we produced this?

When we announced our "retirement" from performing in 2012 we received requests from other dance teams to teach them some of our dances. We were more than pleased to do this, and it's very satisfying to know that One Step Beyond dances are still being performed.

This prompted us to consider noting down more formally the dances - we had created and performed a good many dances over the course of 24 years! We already had each dance written down, but the original notations were much briefer since they were produced primarily to remind dancers of the main steps and formations of each dance.

The Dances of One Step Beyond (OSB)

There has always been a core of people within OSB with a background and interest in folk music and dance. When the group first started, we were fortunate to learn from some wonderful Appalachian Step dancers and see some truly inspiring performances. We must acknowledge all of these influences as they have played a significant part in the development of OSB's repertoire.

The dances notated here are unique to OSB and span the entirety of our 24 years performing as a dance group. Some have been changed, either a little or a lot from their initial 'scribblings'; others have remained as they were on day one.

One of the characteristics of an OSB performance was that we would often link two (or even three) dances together, either with an immediate change of music or with a short musical introduction. The immediate changes were probably our favourites as the sudden change of tune and tempo could create quite an impact. In this book

we have drawn attention to some of the dances we often linked, and have done our best to describe some of the ways we did this.

Dance titles

Some relate directly to OSB. Other titles are a nostalgic 'nod' to some wonderful films, music and places and this is our tribute to them. A few have odd titles but they actually define the dances well and, of course, some were chosen just because we liked them.

OSB Dance Style

Every dance group tries to create their own unique style and we would hope that, should any OSB dances be recreated, they would be performed in our style.

So, how would we describe it? Well, quick and punchy to start with. Some of our dances have plenty of 'swing', while others are fast paced and more powerful. The range allows us to link contrasting dances, making the performance dynamic and exciting.



As you will see from the notations, we specify when and how to turn or change direction. This contributes to the look of the dance and is important to the overall performance. The body is held upright but loose, and the stepping is strong and into the ground. When facing each other, keep eye contact with the other dancers and, when facing the audience, make eye contact with them. This can be a little disconcerting for dancers (and sometimes for members of the audience) to begin with but you'll get used to it!

Some Notes about the Notations

The notations in this book are written for those of you who may have never seen our dances. Consequently, they are written in detail. The notations are written for dance groups with some experience of dancing in the Appalachian style and who know the individual steps of this dance genre. This book does not provide instruction on actual dance steps *per se*. Other excellent resources are available in this respect. We have, however, provided a **Glossary** of the terminology and abbreviations that we have used in the notations.

Whilst we have made every effort to ensure that the dances have been notated correctly we appreciate that a few mistakes may have crept in. Please contact us via our email address if you think you have come across an error so that we can check it out and provide you with clarification.

Some Notes about A music and B music

Most of the tunes we danced to can be broken down into 4 parts, i.e. A1, A2, B1, B2:

A1

A2 (repeat of A1 music)

B1

B2 (repeat of B1 music)

This 4 part combination is the tune played once through. Each part is the equivalent of 8 Basic steps.

NB: The tune *Barlow Knife* has 3 parts, i.e. A1, B1, C1. This 3 part combination is the tune played once through. Each part is the equivalent of 8 Basic steps.

In any case, your musicians will be familiar with this.

Video support

To complement the written notations we have created a collection of video footage on YouTube of OSB performing. Most of our dances are included. Where available, we have provided a link to one (or more) video clips at the beginning of the notation for each dance in this book. The clips have been chosen to provide a good view of the footwork to complement the written notations. Please note that there may be slight differences in the way some dances are performed but, in essence, they are performed as written. To access a clip, click on the link provided.



Acknowledging OSB

We hope that you find a dance, or several, from the OSB repertoire that you would like to try. If you do then please feel free to go ahead. All we ask is that it is formally acknowledged as a '**One Step Beyond dance**' each time you perform it or teach it.

Workshops

Some dancers and musicians from OSB remain available to provide workshops on our dances, and also workshops for Appalachian-style dancing, including flatfooting, for all levels of dancer from novice to experienced. If you are interested, please contact us by email:

tappersretreat@btinternet.com

Additional copies (pdf) of this book of notations are also available on request via this email address.

We hope you enjoy our dances as much as we did!



Glossary of Terminology and Abbreviations

X	dancer
O	dancer
R(h)	right (hand)
L(h)	left (hand)
o.s.	on the spot
fwd.	forward
bkwd.	backwards
B	back / behind
F	front / forward
RB	right foot goes back / behind
LB	left foot goes back / behind
RF	right foot goes forward
LF	left foot goes forward
LXR	left foot crosses over right
RXL	right foot crosses over left
XBL	crosses behind left foot
XBR	crosses behind right foot
un XL	uncross the left foot
un XR	uncross the right foot
empty	an "empty" step is one that would usually begin with a shuffle. In this case, the shuffle is omitted, either for ease or for effect.
face in	face towards each other / face into the centre of the stage

face out	face away from each other / face towards the edges of the stage
face up	face towards the front of the stage
face down	face towards the back of the stage
BL/R	back of stage, left hand side / right hand side, usually used to indicate starting position for dance.
TWS	the 4-sound Tennessee Walking Step (TWS), sometimes referred to as an "alligator". This is how we were taught it - "alligator" is the rhythm of the step, (1y+a). The step sequence used here is: Step, Scuff F, Chug B, Ball B (may be notated Toe B).
()	no sound, used when describing the rhythm. For example, 1 + (2) + 3 + 4.
figure	a sequence of steps that create a pattern. The term is usually used in dances that have a chorus.
chorus	a sequence of steps that is repeated between the figures of the dance.
sounded	a "sounded" syncopated step has additional beats in it. Each chug back is followed by a brush back (then the step) with the opposite foot. The rhythm which was: 1 + 2 + 3 + 4 becomes: 1 + a 2 + 3 + a 4.
Kick the Can	our animal-friendly description of this step for cat lovers!

Contents

In alphabetical order and colour coded:

DANCE: All Join In

TUNE: Cripple Creek

We have great affection for this dance as it was our first. However, we still altered it. The latest version is danced partly acapella and partly to music.

Link: It can be danced into Take Four.

DANCE: Appoff

TUNE: Boatsman

NOTES: A "dance off" to let the audience know you've finished.

DANCE: Appon

TUNE: Bonaparte's Retreat

NOTES: A "dance on" (ignore the title of the tune) to let the audience know you've started.

DANCE: Dance Bangalore

TUNE: Ebenezer

Link: This dance works well as a second dance after Flying Down To Rio.

NOTES: A hot dog line, "banged galore" with all sorts of wonderful steps.

DANCE: Dance for M.A.C.

TUNE: Arkansas Traveller

Link: We would dance this with an Arkansas Traveller introduction, played in waltz time.

The title refers to the Midlands Arts Centre (the M.A.C.) in Birmingham where we taught a series of workshops.

NOTES: A big, circle dance for any number of pairs of dancers, although it looks best with 6 or more.

DANCE: Five Steps Further

NOTES: An acapella dance for - yes, you've guessed it - five!

Link: Acapella dances work well as a first dance when linked to a second dance with music.

DANCE: Flying Down To Rio

TUNE: Barlow Knife

Link: This dance leads nicely into Dance Bangalore if you wish.

NOTES: This is a good 'link' dance. It has an 'inside out' circle which is difficult, even for the best of us.

DANCE: High Noon

Link: We would often go straight into Underneath The Arches after this.

NOTES: Yet another acapella dance for as many as you like. You can pull faces at each other in this dance - it's meant to be a showdown.

DANCE: Hot Shoe Shuffle

TUNE: Golden Slippers

NOTES: This has had several reincarnations. We usually dance it with 3 although we have been known to dance it with 6 or 2. The male dancers of OSB particularly like doing this dance.

DANCE: Let's Dance

TUNE: Soldier's Joy

Link: This dance leads well into Old Halfway.

NOTES: A dance for 2 although we have been known to dance it with 4 AND without music - but not through choice.

DANCE: Miss MacGregor's ...

TUNE: Miss McLeod's Reel

Link: Works well after an acapella dance.

NOTES: A complex little number - flatfooting mixed with precision steps. We change the name of the dance to fit in with where or when we are performing. For example, "Miss MacGregor's Sidmouth Showstopper".

DANCE: No Reservations

TUNE: Staten Island

NOTES: This dance was revamped for the 21st. century - a dance for 4 with lots of movement.

DANCE: Pas de Deux

TUNE: Over the Waterfall

Link: Follow this with Flying Down To Rio.

NOTES: Quite simply, a dance for two.

DANCE: Stoke Works Stomp

TUNE: Lady of the Lake

NOTES: Another big dance for 6 or 8. It could probably be adapted for even more - we've never tried.

DANCE: Swing Time

TUNE: Patty (or Paddy) on the Railroad

NOTES: A "square dance" style dance for 4 with lots of movement.

DANCE: Take Four

TUNE: Georgia Railroad

Link: Can be done after All Join In.

NOTES: This dance was sent to the BBC as an 'audition' for a popular family entertainment programme of the time. As we had to put it together quickly, we took bits from some of our other dances - you may notice this. We did several video 'takes' and take four was the best. It is, however, a dance for 5 or 7 dancers, not four.

DANCE: Tappers' Retreat

TUNE: Liberty

NOTES: Another 'dance off' to let the audience know you've finished - it's good to have a choice...

DANCE: The Old Halfway

TUNE: Kitchen Girl

Link: Usually done after Let's Dance - a good contrast.

NOTES: An adaptable dance (named after a pub that was once beside the canal) for any number of dancers - the more the merrier.

DANCE: Three Steps Forward

NOTES: One of our acapella dances for 3 dancers. If you can't sleep at night, just go through it in your head- you'll soon drop off!

DANCE: Underneath The Arches

TUNE: Old Mother Flanagan

Link: This provides a good contrast when done after one of the acapella dances.

NOTES: The 1, 2, 3 dance that's fast and furious. You don't need 6 to do this dance - you can do it with 3 if you're short of dancers.

All Join In

Video available:

<https://youtu.be/JVmSfsBRjkM>

This was our first dance.

We have great affection for it, but we still altered it.

The latest version is danced partly acapella and partly to music.

It can be danced with any combination of five dancers.

Note: all dances begin with R. foot unless stated otherwise.

Read notation FRONT ↓

Key: Dancers are represented as 1 – 5.

Begin: Offstage on the L.

< 1 2 3 (= Back row)

< 4 5 (= Front row)

PART 1 (acapella – slow)

Back row (dancers 1, 2 and 3) dances on doing the following steps (**A**):

steps(A)	L	R
1		step
+		chug B
a	brush B	
2	step	
+	chug B	
a		brush B
3		step
+		chug B
4	step	
+	chug B	
1		step
+		chug B
a	brush B	
2	step	

+		step
3		chug B
y	brush B	
+	step	
4		step
+		chug B
1	step	
+	chug B	
a		brush B
2		step
+		chug B (Indian)
3		chug F
+		chug B
4	step	
+		ball BL
1	step	
+	chug B	
a		brush B
2		ball
y	heel	
+	ball	
a		heel
3		step
+		chug
4	step	
+	chug B	

Front row (dancers 4 and 5) dances on using the same steps (**A**). Meanwhile, the **Back row** does the same steps with them, but o.s.

At end of the sequence, the dancers turn to face as shown:

```

1   2   3
↓   ↓   ↓
↑   ↑
4   5

```

All dancers then move fwd. into line doing the following steps (B):

Steps(B)	L	R
1		step
+		chug B
2	step	
+	chug B	
3		step
y	scuff F	
+		chug B
a	brush B	
4	step	
(+)	(pause)	(pause)

To end:

1 4 2 5 3
 ↓ ↑ ↓ ↑ ↓

Then all dance the following steps (C) o.s :

steps(C)	L	R
1		step
+		chug B
a	brush B	
2		chug F
+		chug B
3	step	
+		ball
4	step	
+	chug B	

The middle dancer (dancer 2) then dances the following steps (D) o.s., while the others dance them to turn $\frac{1}{2}$ way round in pairs:

steps(D)	L	R
1		step
y	scuff F	
+		chug B
a	brush B	
2	step	
+		step

OSB:
All Join In

3		chug B
+	step	
4		step

To end:

4 1 2 3 5
↓ ↑ ↓ ↑ ↓

Then all dance steps (E) o.s.:

steps(E)	L	R
+	ball B	
1		step
+		chug B
a	brush B	
2	step B	
+		step
3		chug B
+	heel F	
4	flat	

Repeat stepping sequences (B) - (E) as follows:

(B): Middle 3 dancers take hands and dance bkwd. while the end dancers do o.s.

(C): All dance o.s.

(D): Middle 3 move fwd. back into line again and drop hands while ends dance o.s.

(E): All dance o.s. and pivot on final chug to turn L., to end: > < > < >
4 1 2 3 5

PART 2 (with music - fast)

A1 and A2:

All dance 4 Basics o.s. then 4 Basics $\frac{1}{4}$ turn R (X2) then 4 more Basics doing a $\frac{1}{4}$ turn R as follows:

do 1 basic to face up or down then 3 more for dancers facing up to move to front and for dancers facing down to do 2 basics fwd. and 1 to turn R to face up, ending:

4 2 5
↓ ↓ ↓

↓ ↓
1 3

OSB:
All Join In

B1 and B2:

All dance o.s.: 4 Chugs R, 4 Chugs out and in, 4 Chugs L and 4 Chugs out and in
 All dance 2 Basics and Walk the Heel o.s. then 4 Basics for rows to change over
 (remain facing fwd.) to end:

1 3
 ↓ ↓

 ↓ ↓ ↓
 4 2 5

A1 and A2:

All dance o.s.: a William Tell, Judy turn, Basic and Charleston, Basic and Indian
 All dance 2 Basics and walk the heel o.s. then 4 Basics for rows to change over
 (remain facing fwd.) to end:

4 2 5
 ↓ ↓ ↓

 ↓ ↓
 1 3

B1 and B2:

All dance 3 Basics and a jump to face down (back of stage). All repeat these steps to face up (front of stage). All repeat steps, but the back row (dancers 4, 2 and 5) move fwd. with the 3 Basics into line with front row, and all jump to face down. Then all repeat the steps for the final time for everyone to end facing up at the front of the stage, i.e.

4 1 2 3 5
 ↓ ↑ ↓ ↑ ↓

END

OSB:
 All Join In

Appoff

Videos available:

https://youtu.be/gDfslPiHG_4 and <https://youtu.be/CLcwKRLe-50>

As this is the last dance, clap during the introduction and when dancing off.

This dance off works best when your audience is all around you as it allows you to bow to everyone whether they are sitting in front, behind or at the sides of the stage.

There is no fixed number for this but, as it is a single line dance throughout, it is important that each dancer has enough space to move comfortably!

For the purposes of this notation, there are seven dancers.

Note: all dances begin with R. foot unless stated otherwise.

Read notation FRONT ↓

Begin at the back of the stage:

1 2 3 4 5 6 7 ↓

A1:

All dance 6 Basics as follows:

4 Basics fwd. to the front of the stage.

(All move together and take big steps - it is better to reach the front of the stage in two steps and then do the next two on the spot - it has more of an impact.)

Tip: In a big dance space, before the spot starts, discuss where the line of dancers will stop i.e. how far up the room you are going to dance. If you all know where you are heading, you can travel forward more confidently.

One Basic o.s. facing fwd.

One Basic o.s. to turn diagonally to the R.

Then dance a Backstep. Use this step to "bow" to the audience to the R. of line of dancers.

All dance one Basic o.s. facing the front then dance one Basic o.s. to turn diagonally to the L.

Then do a Backstep. Use this step to "bow" to the audience to the L. of the line of dancers.

Dance 2 more Basics, using the first one to face fwd. again, then walk 3 steps to turn down (turning R.) and do a jump o.s., to end:

1 2 3 4 5 6 7 ↑

B1:

Dance one Basic o.s. facing down and one Basic to turn diagonally to the R. Then dance a Backstep. Use this step to "bow" to your audience to the R. the line of dancers.

Dance 1 Basic to face down again, then dance 1 Basic o.s. to turn diagonally to the L.

Then dance a Backstep. Use this step to "bow" to your audience to the L. of the line of dancers.

B2:

Dance 2 Basics, using the first one to face down again, then walk 3 steps to turn up to face front (turning R.) and do a jump o.s.

Dance 2 Basics and an Aerial Syncopated.

A1:

Dancing Basics, make an arch and dance off as follows:

1st Basic: dancers 6 and 7 take inside hand hold while dancers 1 to 5 take hands in line.

2nd Basic: dancers 6 and 7 turn as shown below - dancer 6 steps bkwd. and dancer 7 steps fwd. to do this. Others remain facing fwd.

3rd Basic: dancers 6 and 7 make an arch. Others turn L.

$$\begin{array}{ccccccccc} & & & & & & & & <6 \\ 1 & 2 & 3 & 4 & 5 & & & &) \\ & & & & & & & & <7 \end{array}$$

Dancer no. 5 leads nos. 1, 2, 3 and 4 through the arch. At the same time, dancers 6 and 7 travel fwd. towards the R.h. side of the stage. When dancer no. 7 meets dancer no. 1 they take hands - L.h. for dancer no. 7 and R.h. for dancer no. 1. This allows dancer no. 7 to go under the arch and to dance off with dancer no. 6 following. i.e.

6 7 1 2 3 4 5 >

The number of steps in this final section will depend on how far the dancers have to travel, but the dance should finish with the music at an appropriate point.

END



Appon

Videos available:

<https://youtu.be/h3omNtf6x6g> and <https://youtu.be/jhK3XxxqpLE> (7 dancers)
<https://youtu.be/SFAVjzbnYz0> (8 dancers)

This is normally a dance on for 8, but it can be adapted for different numbers.

Note: all dances begin with R. foot unless stated otherwise.
Read notation FRONT ↓

Begin:

4 3 2 1 >

< 1 2 3 4

A1:

Musical introduction

No. 1 dancers use the last 4 beats to walk on, (diagonally from back of stage) meet and face each other at the front of the stage.

A1:

No. 1 dancers dance 2 Basics and 4 Chugs (to R, L, pause, R, R) then 2 Basics fwd. (the first basic is "empty") to meet L. shoulders and 4 steps to walk off, passing L. shoulder and exiting at the front of the stage (then re-joining others at the back of the stage).

As No. 1 dancers walk off, No.2 dancers walk on to meet and face each other at the front of the stage.

A2:

No. 2 dancers dance 2 Basics and 2 Rodneys o.s. then 2 Indians fwd. to meet R. shoulder and 4 steps to walk off, passing R. shoulder and exiting at the front of the stage (then re-joining others at the back of the stage).

As No. 2 dancers walk off, No.3 dancers walk on to meet and face each other at the front of the stage.

B1:

No. 3 dancers dance a William Tell and a Judy turn then a Basic and a Charleston fwd. to meet R. shoulder, then 4 steps to walk off, passing R. shoulder and exiting at the front of the stage (then re-joining others at the back of the stage).

As No. 3 dancers walk off, No.4 dancers walk on to meet and face each other at the front of the stage.

B2:

No. 4 dancers dance *Flatfooting and Hamboning sequence o.s. and 4 steps to walk off, passing R. shoulder and exiting at the front of the stage (then re-joining others at the back of the stage).

**Flatfooting and Hamboning sequence for dancer No. 4*

Begin at front of stage: 4 > < 4

	L	R
1		step
+	clap	
2	step	
+	clap	
3		step
+	clap	
4	clap	
(+)		
1		step
y	scuff F	
+		chug B
a	brush B	
2	step	
y		scuff F
+	chug B	
a		brush B
3		step
+		chug B
4	step	

At the same time, other dancer No. 4 (4 > <4) does:

	L	R
1		step
y	scuff F	
+		chug B
a	brush B	
2	step	
y		scuff F
+	chug B	
a		brush B
3		step
+		chug B
4	step	
(+)		
1		step
+	clap	
2	step	
+	clap	
3		step
+	clap	
4	clap	

Then, **both** No. 4 dancers do:

	L	R
1		step
y	scuff F	
+		chug B
a	brush B	
2	step	
+	clap	
3	slap R. hand on R. leg	
+	slap L. hand on L. leg	
4	slap R. hands with each other	

Followed by 4 steps to walk off, passing R. shoulder and exiting at the front of the stage (then re-joining the other dancers at the back of the stage).

As No. 4 dancers walk off, No.1 dancers walk on to meet and face up at the back of the stage: 1 V 1

C1: Couple 1 does the ***Crossing Step sequence**, moving fwd. when steps allow:

***Crossing Step sequence** - Begin at back of stage: 1 V 1

	L	R
1		step
+		chug B
a	brush B	
2	step	
+	chug B	
a	brush B	
3		step
+		chug B
4	step LXR	
+	chug B	
1		step B
+	step B	
2		step RXF
+		chug B
3		chug F
+		chug B
4	step	
+	chug B	
1	chug F	
+	chug B	
2		step
+	step	
3	chug B	
+		step
4	step	
(+)		
1		step
+	heel	
a	flat	
2	(lift foot up and back)	chug F
+	ball B	
3		ball B
(+)		
4	chug F	

On last 4 beats of the **Crossing Step sequence**, No.2 dancers walk, but not meet, and face up at the back of the stage:

2 2
1 V 1

C2:

All 4 dancers repeat the **Crossing Step sequence** and, on the last 4 beats, No. 3 dancers walk, but not meet, and face up at the back of the stage:

3 3
2 2
1 V 1

B1:

All 6 dancers repeat the **Crossing Step sequence** and, on the last 4 beats, No. 4 dancers walk, but not meet, and face up at the back of the stage :

4 4
3 3
2 2
1 V 1

B2:

All 8 dancers repeat the **Crossing Step sequence**.

A1:

All dancers put hands behind back and dance 2 Basics o.s., 4 Chugs to turn full circle clockwise, 2 more Basics and a **Rhythm Step** (see below) o.s. Place arms back at sides.

Rhythm Step (NB - similar to the "High Noon" Step in the dance "High Noon")

	L	R
1		step to R
+	drag ball of foot towards R. foot	
2		heel sound
+	step to L	
3		drag ball of foot towards L. foot
+	heel sound	
4		step in place

A2: Still in place: 4 4
 3 3
 2 2
 1 V 1

All repeat the **Flatfooting and Hamboning sequence** (steps as before).

Dancers on R. hand side of stage facing audience (i.e. on L hand side of notation below) dance:

	L	R
1		step
+	clap	
2	step	
+	clap	
3		step
+	clap	
4	clap	
(+)		
1		step
y	scuff F	
+		chug B
a	brush B	
2	step	
y		scuff F
+	chug B	
a		brush B
3		step
+		chug B
4	step	

At the same time, dancers on L. hand side of stage facing audience (i.e. on R hand side of notation below) dance:

	L	R
1		step
y	scuff F	
+		chug B
a	brush B	
2	step	
y		scuff F
+	chug B	
a		brush B
3		step
+		chug B
4	step	
(+)		
1		step
+	clap	
2	step	
+	clap	
3		step
+	clap	
4	clap	

Then, both sides dance:

	L	R
1		step
y	scuff F	
+		chug B
a	brush B	
2	step	
+	Clap	
3	slap R. hand on R. leg	
+	slap L. hand on L. leg	
4	clap hands together	

followed by:

	L	R
(+)		
1		step
+		chug B
a	brush B	
2	step B	
+		step
3		chug B
+	heel F	
4	flat	

Dance off

To dance off, the music plays 4 shuffles and dancers dance as follows:

C1 and C2:

2 Basics, (the first is "empty" and begins with is a step back) and 4 foot taps (i.e. dancers keep R. heel on floor and tap ball of R. foot to R. L. R. L.). Then all dance 10 Basics to dance off as follows:

Top couple turn in towards each other then go outside the couple behind and continue to weave down each side until they are off. Other dancers join in as soon as the top couple has passed them.

Couple No. 4 remains on stage at the back, facing up in each corner and does:

	L	R
1		step
+		chug B
a	brush B	
2	step B	
+		step
3		chug B
+	heel F	
4	flat	

END

Dance Bangalore

Videos available:

<https://youtu.be/GkARMew7PLI> and <https://youtu.be/B-7hcvGxVsY>
<https://youtu.be/fLyXAJIvIQ8> (this shows the link from *Flying Down to Rio*)

This dance is a "hot dog line" and works best with 5 solo dancers.
If you have a big dance space, it can be done with more than 5 dancers - just mix figures for two with the solos or the dance becomes too long.
For example, with 8 dancers you could do a figure for two, a solo, a figure for two, a solo, a figure for two; the dance would still be the same length.

It can be danced after *Flying Down To Rio*, either with the same or with new dancers. See the end of the notation for *Flying Down To Rio*, variations 1 and 2.

This notation is for 5 soloists and it is notated as a "stand alone" dance;
it is not linked to Flying Down To Rio.

General rule: If you are not dancing, clap and be vocal - this is not a quiet dance!

Note: all dances begin with R. foot unless stated otherwise.
Read notation FRONT ↓

Begin at back of stage:

1 2 3 4 5 ↓

A1:

Dancers 1, 3 and 5 dance 3 William Tells fwd. then a Basic and a Charleston o.s.

A2:

Dancers 2 and 4 dance 3 William Tells fwd. then a Basic and Charleston o.s. while 1, 3 and 5 repeat the steps o.s.

All end in one line at front of stage. 1 2 3 4 5 ↓

B1 and B2:Chorus

All dance 4 Basics and a Bunmyslide (a Bunmyslide is a Bunnyhop but with a Chug back instead of a hop) and 2 Indians o.s.

Repeat the 4 Basics and the Bunmyslide o.s. then everyone, except no. 1, dances 4 walk steps bkwd. (no. 1 dances steps of own choice o.s. at front).

A1 and A2:

Dancer no. 1 dances a solo at the front and on last 2 beats i.e. 5,6,7,8 the others dance 4 walk steps fwd. to join no. 1 at the front of the stage again.

B1 and B2:

Repeat chorus. This time, everyone, except no. 2, dances 4 walk steps bkwd. (no. 2 does steps of own choice o.s. at front).

The dance is repeated until all dancers have performed their solo.

The Final Chorus then follows.

B1 and B2:Final Chorus

All dance 4 Basics and a Bunmyslide (a Bunmyslide is a Bunnyhop but with a Chug back instead of a hop) and 2 Indians o.s. Take hands in a line.

Repeat the 4 Basics and the Bunmyslide o.s. then do a **Cross Syncopated.

NB**: The Cross Syncopated is similar to a standard syncopated step which is: step, chug B, step, step, chug B, step, step.

For the Cross Syncopated step, do: step, chug B, step, step, chug B, chug F, cross L. foot over R. The rhythm is the same.

To dance off:

During the 1 x A introduction music, dancers drop hands and put feet together (do this all at the same time).

A1:

Dancers 1, 3 and 5 dance 3 William Tells o.s. then a Basic and a Charleston o.s.

A2:

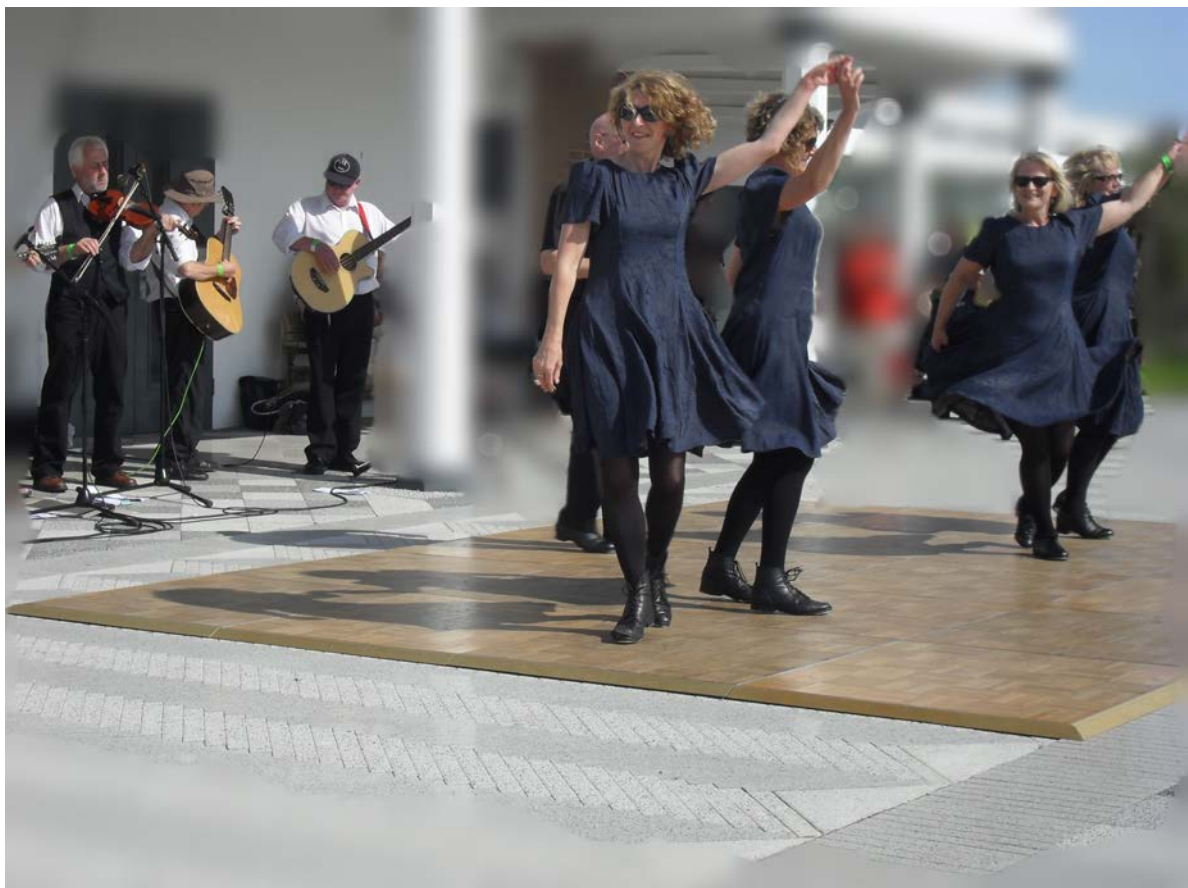
Dancers 2 and 4 dance 3 William Tells o.s. then a Basic and a Charleston o.s. while 1, 3 and 5 repeat the steps with them.

On the final Charleston step, turn L. to exit L: 1 2 3 4 5 >
(or can exit R. if preferred)

B1 and B2:

Dance the Final Chorus steps, travelling fwd.to dance off. The last dancer off stage (no.1) turns to the audience and does the Cross Syncopated step to them, to end with a flourish.

END



Dance for M.A.C.

Videos available:

<https://youtu.be/F13U9CXyJVw> and <https://youtu.be/up1mBA7y5xc>

This notation is written for four couples.

The dance also works well for three couples or for more than four couples if the space allows it. Just follow and adjust the pattern for dancing on.

From then on, the dance is the same.

It can be danced with two couples but does not work so well.

Note: all dances begin with R. foot unless stated otherwise.

Read notation FRONT ↓

Key: Dancers in each couple are represented as X and O

Begin:		O)	(X	O)	(X	>		<	O)	(X	O)	(X
(couples)		3	2	1				1	4	3		

A1:

Dance 16 Walking Steps to meet and dance up stage in 2 lines, couple 1 leading:

O	X
X	O
O	X
X	O

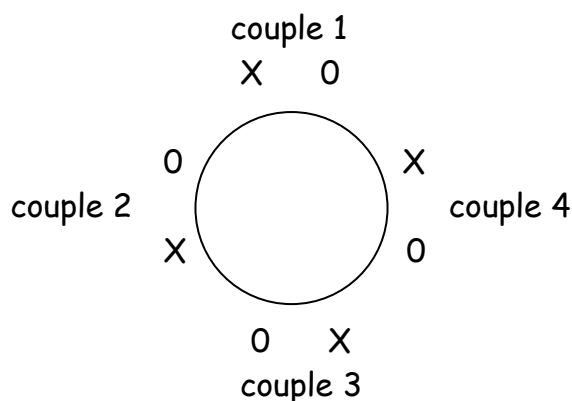
↓

A2:

Dance 4 William Tells o.s.

B1:

Dance 16 Walking Steps to cast out from the top to create a circle and face in:

**B2:**

Dance 4 William Tells o.s.

A1:

All join hands to dance 8 Basics* circling L. Drop hands.

**NB - Basics: on R. foot start, cross foot in front of L. and turn body L. On L. foot start, don't cross foot but face centre. This creates a swinging movement.)*

A2:

Os dance 2 Ponies into the centre of the circle, **Xs** remain o.s.

All dance 2 Basics and walk the heel.

B1:

Os make a Rh. star and dance 8 Basics, circling once. Use final Basic to drop hands and to face into centre again.

At the same time, Xs dance 8 Basics o.s. to turn twice in $\frac{1}{4}$ turns to the R. i.e. the first turn is a $\frac{1}{4}$ turn R., the second $\frac{1}{4}$ turn is to face out etc.

B2:

Xs dance 2 Ponies into the centre of the circle moving into place to the R. of their partner. **Os** remain o.s.

All dance 2 Basics and Walk the Heel.

(Everyone is now in a tight circle in the centre of the stage).

A1:

Os dance 3 Basics o.s. and a jump to face out. **Xs** remain o.s.

Os dance 2 William Tells to move out, facing out, into the large circle formation again while **Xs** dance 2 William Tells o.s. at the centre, facing in.

A2:

All dance 4 Cross Bucks and 2 Indians o.s. Repeat.

B1:

Xs dance 3 Basics o.s. and a jump to face out. **Os** remain o.s.

Xs dance 2 William Tells to move out, facing out, into the large circle formation again, moving into place to the L. of their partner while **Os** dance 2 William Tells o.s.

B2:

All dance 4 Cross Bucks and 2 Indians o.s., facing out. Repeat.

A1:

All dance 4 Basics o.s to face partner.

(Dancers turn to face each other on the first Basic, turning the shortest way).

Dancers take Rh. hold and dance one Basic, starting on the R. foot, stepping back, as underlined: shuffle, step ball step.

(This creates a stretch in the Rh. hold as both dancers step away from each other.)

Dance 2 Singles towards each other to change places, starting L. foot then R. foot (as dancers pass R. shoulders, drop hands)

All dance a Nocalypse 180° - you have now changed places and are facing each other.

A2:

Repeat the **A1** steps back to place, facing partner again.

B1:

All dance 4 Basics o.s. then 4 Chugs R. then 4 Chugs L.

B2:

Repeat the **B1** steps but, this time, dancers turn to the dancer behind them on the first Basic and dance the remainder of the steps to them.

A1:

Dancers take a Rh. hold with their "new" partner and dance 2 Basics to turn $\frac{1}{2}$ way so that **Xs** are facing out and **Os** are facing in. Everyone takes hands and dances an Eddy o.s.

Dancers keep the Rh. hold with their new partner (drop other hand) and dance 2 more Basics to turn $\frac{1}{2}$ way again. (Dancers have now turned a full circle). **Xs** are now facing in and **Os** are facing out. Everyone takes hands and dances an Eddy o.s. again.

A2:

Dancers keep the Lh. hold with their original partner, drop other hand and dance 2 Basics to turn $\frac{1}{2}$ way so that **Xs** are facing out and **Os** are facing in. Everyone takes hands and dances an Eddy o.s.

Dancers keep the Lh. hold with their original partner (drop other hand) and dance 2 more Basics to turn $\frac{1}{2}$ way again. (Dancers have now turned a full circle). **Xs** are now facing in and **Os** are facing out. Everyone takes hands and dances an Eddy o.s. again. All drop hands.

B1:

Xs dance 2 Basics fwd. to meet at the centre and a Wagon Wheel o.s. Then, still o.s., dance 2 Basics (the first is "empty") followed by one Basic (R x L), a 180° kick to face out.

Meanwhile, Os dance all the B1 steps o.s., facing out until they do the 180° kick which puts them facing the centre again.

B2:

Starting now on the L. foot, and o.s., **Xs** dance 2 Basics (the first is "empty" as it follows a kick) then **2 Singles, ball B on L foot, step fwd. on R foot, scuff fwd. with L. heel, chug fwd. on R. foot.

***NB: We refer to this step as a "Fred". We use it again later.
The underlined rhythm is: + a 1 + a 2 + 3 + 4*

Keep all of this o.s. as much as possible.

Then **Xs** dance 2 Basics fwd. (big steps, the first Basic is "empty") heading for their original place in the circle (i.e. the space to the L. of their original partner) and a Nocalypse 180° to face in.

Meanwhile, Os dance the same steps but all o.s. facing in.

Everyone ends in large circle, next to partner, facing in.

A1:

All join hands and dance 8 Basics circling L. Drop hands.

**NB - Basics: on R. foot start, cross foot in front of L. and turn body L. On L. foot start, don't cross foot but face centre. This creates a swinging movement.)*

A2:

Os dance 2 Basic steps as follows: one "empty" big, pronounced step fwd. to the centre then one Basic to move on one place to the L., still at the centre.

Os follow this with 4 Walking Steps bkwd. into a new position, one place to the L. of where they started.

Meanwhile, Xs dance 2 Basics and a Fred o.s.

Then, Xs dance 2 Basic steps as follows: one "empty" big, pronounced step fwd. to the centre then one Basic to move on one place to the R., still at the centre (although it will be done with a L. foot start).

Xs follow this with 4 Walking Steps bkwd. into a new position, one place to the R. of where they started.

Meanwhile, Os dance 2 Basics and a Fred o.s.

B1:

Repeat the **A2** steps.

B2:

Everyone dances 6 Basics as follows: On the first Basic, everyone moves into the centre to make a tight circle. On the second Basic, each dancer crosses their R. hand over their L. and takes hands with the dancer on either side. (Keep holding hands until the dance ends).

The third and fourth Basics are danced o.s. On the fifth Basic, raise arms and turn out, turning R. Dance the sixth Basic o.s., lowering arms to sides.

All do a Brad o.s. to end.

To dance off

All join hands and dance 4 Basics fwd. (to make the circle larger).

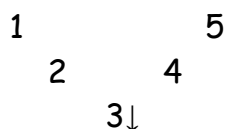
Dancer **O** of first couple drops hands with the **X** on their L. and leads dancers off in one line. Last dancer off stage drops hands with the previous dancer and ends on stage with a Brad o.s.

Alternatively, O of first couple drops hands with the **X** on their L. and leads dancers into one line at back of stage. All dancers end with a Brad o.s.

END



**OSB:
Dance for
M.A.C.**



All dance a Whitby o.s. then:

shuffle R step R ball LBR step R ball LBR step R (pause) *step L (also o.s.)
+a 1 + 2 + 3 * 4

* this step is not done by no. 3

No. 3 does a Whitby o.s. beginning L. foot.

Nos. 2, 3 and 4 do a Whitby o.s

(begin with a step back on ball of R. foot to begin so that, once again, the Whitby begins on the L. foot, making the rhythm: +1 +a 2 + 3 y + 4).

All dance a Whitby o.s., again beginning with a step back on ball of R. foot to begin.

Then, o.s. all dance:

step R	shuffle L	step L	shuffle R	step R	(pause)	step L together
1	+a	2	+a	3		4

Nos. 1 and 5 dance a Nocalypse o.s.

Nos. 2 and 4 repeat a Nocalypse o.s. with nos. 1 and 5, this time, beginning L. foot.

All repeat Nocalypse o.s.

All do 2 Alligators and a step o.s. - rhythm is: 1y+a 2y+a 3

No. 3 dances 2 Basics bkwd. to line up with nos. 2 and 4, then dances a William Tell o.s.

Nos. 2, 3 and 4 repeat steps i.e. 2 Basics bkwd. and a William Tell o.s., moving bkwd. so that they are in line with nos. 1 and 5 at the back of the stage:

1 2 3 4 5 ↓

All repeat steps i.e. 2 Basics and a William Tell, forward moving to front of stage, as one line.

OSB: Five Steps Further

All dance a Whitby, beginning L. foot o.s., then nos. 1 and 5 stamp F. with R. foot and keep this position. Nos. 2 and 4 then stamp F. with R. foot and keep this position. Finally, no. 3 stamps F. with R. foot.

All do a rock step to finish. i.e. the final set of stamps is as follows :

Stamp RF, stamp RF, stamp RF, ball LB stamp RF
 1 2 3 + 4

PART 2

Counter rhythms: In this part, dancers create counter rhythms. The next steps, **Sequence A**, is as follows:

Sequence A

	No. 3	Nos. 2 and 4	Nos. 1 and 5
+			shuffle R
a			
1	step R	step R	step R
y			
+	ball L	shuffle L	slap knees
a			
2	step R	step L	slap knees
y			
+	shuffle L	clap	clap
a			
3	step L	step R	clap
y			
+	Clap	shuffle L	ball B L
a			
4	Clap	step L	step R
y			
+		clap	shuffle L
a			
1	step R	step R	step L
y			
+	chug B R	clap	shuffle R
a			
2	step L	step L	step R
y	heel R		
+	chug B L	clap	shuffle

a	toe R		
3	step R	step R	step L
y			
+		clap	
a			
4	step L	step L	
	Repeat steps on same side (X3)	Repeat steps on same side (X2)	(X1)

Dancer no.3 dances their steps on their own then repeats them while dancers 2 and 4 join in with their steps.

Dancers 2, 3 and 4 repeat their own steps while dancers 1 and 5 join in with their steps.

NB: While waiting to begin their stepping sequence, all dancers remain still with their R. foot fwd.

Next, all do:

clap slap R. knee slap L. knee clap slap R. knee slap L. knee snap fingers
1 + 2 + 3 + 4

Then o.s. **ODDS** do:

step R heel tap L step L heel tap R step R heel tap L step L
1 + 2 + 3 + 4

while **EVENS** walk bkwd. for 4 steps

NB: **EVENS** should only step bkwd. to the middle of the stage not to the very back. This will be important later on.

2 4

1 3 5 ↓

Next, **EVENS** dance 2 Scuff Heels and a Syncopated step (x4) o.s.

(rhythm is: 1 + 2 3 + 4 1 + 2 + 3 + 4) 4 times through while **ODDS** do stepping **Sequence B** as follows:

ODDS Sequence B

+	shuffle	R
a		
1	step	R
y		
+	ball	L
a		
2	step	R
y		
+	shuffle	L
a		
3	step	L
y		
+	ball	R
a		
4	step	L
y		
+	shuffle	R
a		
1	step	R
y	scuff	L
+	chug B	R
a		
2	step	L
y		
+	chug B	L
a		
3	heel F	R
y		
+		
a		
4		
y		
+	heel tap	R
a		
1	heel tap	R
y		
+		
a		
2		

y	
+	heel R
a	
3	heel R
y	
+	
a	
4	
y	
+	shuffle R
a	
1	step R
y	
+	shuffle L
a	
2	step L
y	
+	shuffle R
a	
3	step R
y	
+	
a	
4	

Repeat steps on other side.

Still in these positions: 2 4 **repeat Sequence A.**

1 3 5 ↓

The only difference is that, this time, dancers 2 and 4 travel fwd, into line with the other three dancers during their "step, clap" sequence the first time through.

End: 1 2 3 4 5 ↓

Next, all do:

clap slap R. knee slap L. knee clap slap R. knee slap L. knee snap fingers
1 + 2 + 3 + 4

Then o.s. **EVENS** do:

step R heel tap L step L heel tap R step R heel tap L step L
 1 + 2 + 3 + 4

while **ODDS** walk bkwd. for 4 steps.

NB: **ODDS** should only step bkwd. to the middle of the stage not to the very back. This will be important later on.

1 3 5
 2 4 ↓

Next, **ODDS** do 2 scuff heels and a syncopated step (x4) o.s.

(rhythm is: 1 + 2 3 + 4 1 + 2 + 3 + 4) 4 times through

while **EVENS** do stepping **Sequence B** as follows :

EVENS Sequence B

+	
a	
1	step R
y	
+	
a	
2	
y	
+	ball B L
a	
3	step R
y	
+	
a	
4	
y	
+	ball B L
a	
1	step R
y	
+	heel tap L
a	
2	step L

y		
+	heel tap	R
a		
3	step	R
y		
+		
a		
4		
y		
+	shuffle	L
a		
1	step	L
y		
+	ball	R
a		
2	step	L
y		
+	shuffle	R
a		
3	step	R
y		
+	ball	L
a		
4	step	R
y		
+		
a		
1 *	step	L
y		
+	shuffle	R
a		
2	step	R
y		
+	shuffle	L
a		
3	step	L
y		
+		
a		
4	step	R

Repeat steps on other side. On the second time through, **EVENS** use the steps from * onwards to turn R. and to face down.

1 ↓ 3 ↓ 5 ↓
2 ↑ 4 ↑

PART 3

All dance 2 Basics and walk 4 steps (x4) as follows:

All dance 2 basics o.s. then **EVENS** walk 4 steps into line with **ODDS** while **ODDS** remain o.s.

1 ↓ 2 ↑ 3 ↓ 4 ↑ 5 ↓

***NB:** Dancers should now be in the middle of the stage i.e. $\frac{1}{2}$ way up.*

All dance 2 Basics o.s.

End couples i.e. 1 and 2, 4 and 5, walk 4 steps around $\frac{1}{2}$ way while no. 3 dances 2 Alligators and 2 steps o.s. (rhythm is 1y+a 2y+a 3 4).

Repeat, i.e.

All do 2 basics o.s.

End couples i.e. 1 and 2, 4 and 5, walk 4 steps around $\frac{1}{2}$ way while no. 3 dances 2 Alligators and 2 steps o.s. (rhythm is 1y+a 2y+a 3 4).

1 ↓ 2 ↑ 3 ↓ 4 ↑ 5 ↓

All dance 2 Basics as follows:

no. 3 dances fwd., nos. 2 and 4 use the steps to turn and face up, nos. 1 and 5 do the steps o.s.

Next, dancers 2, 3 and 4 all stand o.s. while dancers 1 and 5 walk bkwd. for 4 steps All end in original positions

1 5
2 4
3 ↓

No. 3 dances 2 Basics bkwd. into line with dancers 2 and 4 then does a William Tell o.s.

Nos.2, 3 and 4 repeat steps, ending in line with dancers 1 and 5.

All repeat steps i.e. 2 Basics and a William Tell, forward moving to front of stage, as one line.

All dance a Whitby, beginning L. foot o.s., then nos. 1 and 5 stamp F. with R. foot and keep this position. Nos. 2 and 4 then stamp F. with R. foot and keep this position. Finally, no. 3 stamps F. with R. foot.

All do a rock step to finish, i.e. the final set of stamps is as follows:

Stamp RF,	stamp RF,	stamp RF,	ball LB	stamp RF
1	2	3	+	4

Hold this position.

DANCE OFF

Dancer no.3 counts in 5, 6, 7, 8, then dancers do as follows:

All dance "ball, step" then bring feet together in this order: dancers 1 and 5, dancers 2 and 4 then dancer no.3. i.e.

		<i>Dancers 1+5</i>	<i>Dancers 2+4</i>	<i>Dancer 3</i>
ball LB	step RF	step together LF	step together LF	step together LF
+	1	2	3	4

Follow this with 2 Basics as follows:

No. 1 dances 2 basics o.s. and 4 basics bkwd.
No. 2 dances 3 basics o.s. and 3 basics bkwd.
No. 3 dances 4 basics o.s. and 2 basics bkwd.
No. 4 dances 5 basics o.s. and 1 basics bkwd.
No. 5 dances 6 basics o.s.

End in a diagonal line, all facing up: 1

2

3

4

5 ↓

All tap R. toe behind L. foot and turn to face back L. corner (where dancers danced on from at the start) and do one Basic (rhythm is: 1 2 +a 3 + 4).

Then dance 4 basics to dance off, starting L. foot. No3 leads off to corner, followed by 2 and 4 then 1 and 5.

Dancers 1 and 5 stop at the corner and dance a *William Tell (L. foot start) to each other.

NB* On the final part of the William Tell, dance "ball RB, step LF." This creates a small jump in the step and a definite ending.

END



Flying Down To Rio

Video available: This shows *Flying Down to Rio* with the link into *Dance Bangalore*.
<https://youtu.be/fLyXAjIvlQ8>

OSB danced *Flying Down To Rio* to a three part tune called *Barlow Knife*.
It could, if desired, be danced to a two part tune.

Note: all dances begin with R. foot unless stated otherwise.
Read notation FRONT ↓

Key: Dancers are identified as numbers and also as **ODDS** and **EVENES**

Begin:	6		5
	4		3
	2	↓	1

A:

All dance 8 Basics fwd.

B:

All dance 4 Chugs fwd., 2 Basics, 2 Indians and 2 Basics o.s.

C:

Again, all dance 4 Chugs fwd., 2 Basics, 2 Indians and 2 Basics.

A:

ODDS (i.e. dancers 1, 3 and 5) dance a Half Disco while **EVENES** (i.e. dancers 2, 4 and 6) remain o.s.

EVENES dance a Half Disco, turning L. to face down on the final part of the step (on the William Tell of the step) while **ODDS** remain o.s.

↑	
6	5
4	3
2	1
	↓

OSB:
Flying Down To Rio

B:

All dance 8 Basics -**ODDS** follow dancer no. 1 and **EVENS** follow dancer no. 6 to end:

2 4 6 ↓

↑ 1 3 5

To do this, dancers 1 and 6 turn R. on step 1; dancers 3 and 4 dance fwd. then turn R. on step 3; dancers 2 and 5 dance fwd. and turn R. on step 5.

All turn to face as shown above on step 8.

C:

All dance 4 Chugs fwd., to make one line then dance 2 Basics, 2 Indians and 2 Basics o.s. Use the final Basic, to turn 180°, turning the long way to do this.

↑
2 4 6 1 3 5
↓

A:

All dance 4 Chugs fwd., 2 Basics, 2 Indians and 2 Basics o.s. Use the final Basic, to turn R.:

2 4 6 >

< 1 3 5

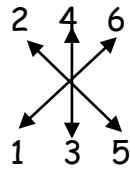
B:

ODDS dance 2 Basics o.s and a Bunnyslide fwd. while **EVENS** remain o.s. (A Bunnyslide is a Bunnyhop but with a Chug back instead of a hop.)

EVENS dance 2 Basics o.s and a Bunnyslide fwd. while **ODDS** remain o.s.

C:

All dance 8 Basics to cross the set and end in a tight circle, facing out. To do this, dancers use the first Basic to turn in to face their opposite dancer:



i.e. dancers 1 and 6 face each other; dancers 2 and 5 face each other; dancers 3 and 4 face each other.

All move fwd, crossing through the centre, passing behind the dancer on their left.

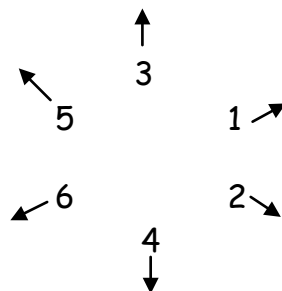
Remain in the centre, in a tight circle, facing out.

A:

All dance 4 Chugs fwd., 2 Basics, 2 Indians and 2 Basics o.s.

B:

Again, all dance 4 Chugs fwd., 2 Basics, 2 Indians and 2 Basics to create a large inside out circle i.e. facing out:



C:

Dancers 1, 4 and 5 do a Half Disco while others remain o.s.

Dancers 2,3 and 6 do a Half Disco while others remain o.s.

A:

All face up and dance 8 Basics to create one line at the back of the stage. To do this, dancer 3 moves into line with dancers 1 and 5. Dancers 2, 4 and 6 move bkwd. and into the space to the R. of the dancer behind them. This creates a line, i.e.:

6 5 4 3 2 1 ↓

B:

Dancers 1 and 6 remain o.s. while others dance 4 Chugs fwd. then all dance 2 Basics, 2 Indians and 2 Basics o.s.

C:

Dancers 1, 2, 5 and 6 remain o.s. while dancers 3 and 4 dance 4 Chugs fwd. then all dance 2 Basics, 2 Indians and 2 Basics o.s., to end:

6 1
5 2
4 ↓ 3

C:

(Note - C music repeats again)

All dance a Full Disco o.s. to end.

Finishing the Dance

If done on its own, *Flying Down To Rio* can be danced off with dancers 3 and 4 leading. OSB usually stopped for a few moments (of applause!) then went straight into *Dance Bangalore* (tune *Ebenezer*) as follows:

Variation 1

The 'A' music of *Ebenezer* is played through once as the introduction. Meanwhile, an additional dancer (7) moves into place, i.e.:

6 (7) 1
5 2
4 ↓ 3

OSB:
Flying Down To Rio

Then:

A1:

All dance 3 William Tells - dancers 2 and 5 turn out and dance off stage while dancers 1, 6 and 7 dance fwd. into line with 3 and 4. Follow this with a Basic and a Charleston step o.s.

A2:

Repeat steps o.s., to end:

6 4 7 3 1 ↓

Variation 2

The 'A' music of Ebenezer is played through once as the introduction.

6 1
5 2
4 ↓ 3

Then:

A1:

All dance 3 William Tells - dancers 2, 3, 4 and 5 turn out and dance off while dancers 1 and 6 face each other and dance fwd. to meet at the back of the stage with new dancers following. Dance a Basic and a Charleston step o.s. to face up.

A2:

Repeat steps, all moving fwd.

END

High Noon

Video available:

<https://youtu.be/t3WQzsaDPfs>

This is an Acapella dance for any number of dancers, but (obviously) for more than one! It works best with 6 or more dancers. The notation shows 6 dancers.

It can be danced with odd numbers of dancers, but the contra rhythms work best with the same number of dancers on each side of the stage.

Once on stage, the dance is done on-the-spot throughout.

Note: The Tennessee Walking Step (TWS) is also referred to as an "Alligator". This is how we were taught it - "Alligator" is the rhythm of the step = (1y+a)
The main rhythm running throughout the dance is the High Noon step (HN step) which has a syncopated rhythm where the dancer moves from side to side, i.e.:

HN	L.	R.
1		step to R.
+	drag ball of foot to R.	
2		heel sound
+	step back in place	
3		drag ball of foot to L.
+	heel sound	
4		step back in place
+	heel sound	



Key: Dancers are numbered and also referred to as ODDS AND EVENS.

Begin off stage, on both sides of stage.

Walk on from both sides together into these positions:

5 6
3 4
1 ↓ 2

When everyone is in place, **EVENS** turn R.

After this, **ODDS** put R. toe behind heel of L. foot and turn R. to face down.
Then they put feet together.

NB: The walk on is very precise.

5 ↑ < 6
3 ↑ < 4
1 ↑ < 2

PART 1

Evens:

Dancer no.2 does 1 X HN step o.s. facing R. The other **EVENS** join in after the first step. **EVENS** do 16 HN steps in total.

Odds:

Meanwhile, **ODDS** remain o.s. until the fourth HN step during which they turn to face up again. They do this the same way as before - put R. toe behind heel of L. foot and turn R. to face up (fwd.). Then, **ODDS** dance the following step x4, facing fwd.:

ODDS	L.	R.
1		step
+		chug B
a	brush B	
2	step	
+	chug B	
a		brush B
3		step

OSB:
High Noon

+	ball	
4	step	
(+)		
1	step	
+	chug B	
a		brush B
2		ball
y	heel	
+	ball	
a		heel
3		step
+		chug B
+	step	
To repeat this step, use the "chug, brush" link below:		
+	chug B	
a		brush B

ODDS then turn L. to face **EVENS** and do the last 4 x HN steps with them, face to face.

PART 2

ODDS:

ODDS dance 8 x HN steps o.s. facing L. (i.e. facing the **EVENS**).

EVENS:

Meanwhile, **EVENS** do the following sequence, facing up (fwd.) at the start of it:

```

5 >           ↓ 6
 3 >           ↓ 4
 1> ↓ 2

```

EVENS	L.	R.
+	heel sound	
1		step
(+)		
2	ball B towards R	
+		step
(3)		
(+)		

(4)		
+	ball B towards R	
1		step
+	scuff F	
2		heel
+	step in place	
(3)		
(+)		
(4)		
+		ball
1		step
+	heel tap F	
2	step	
+		heel tap F
3		step
+	step	
(4)		
(+)		
1		step
+	scuff F	
2		heel sound
+	step in place	
(3)		
(+)		
(4)		
(+)		
Do the sequence above once and follow with the steps below which are done 4 times:		
1		step to R
+		step in place
2		
+		
3		
+		
4		
+		
i.e. step to face 'odds', turning foot to the R. then step back to face the front again.		

PART 3

All dancers do the same steps. **EVENS** turn R. to face **ODDS** who are already facing in:

5> < 6
3> < 4
1> < 2

ALL	L.	R.
1	clap	
2	clap	
(3)		
+	clap	
4	clap	
	all face up (fwd)	
(+)		
1		step
+	heel tap F	
2	step	
+		heel tap F
3		step
+		chug B
4	step	
+		step
1	step	
2		step
(3)		
+	chug F	
4	chug F	
(+)		
1		step
+		chug B
a	brush B	
2	ball B	
+		step F
3		chug B
+	heel tap F	
4	flat	

(+)		
1		step
2	step B in place	
(3)	lift up onto balls of feet	
+	click heels	
4	click heels	
(+)		
1	HN step : see first page of this notation	
+		
2		
+		
3		
+		
4		
+		
1		step
2	step	
(3)		
+		ball B
4	step	
+	chug B	
1		step F
+		slap R thigh
a	slap L thigh	
2		slap R thigh
+	slap L thigh	
3	clap	
+		slap R thigh
4	snap Lh. fingers	
+	step F in place	

PART 4

All dance 4 x HN steps: **ODDS** turn L. (in) to start but **EVENS** remain facing up (fwd.).

Everyone does $\frac{1}{4}$ turn each time i.e. **ODDS** face in, face down, face out and face up, while **EVENS** face up, face in, face down and face out.

End:

```

      5 ↓          6 >
        3 ↓      4 >
          1 ↓  2 >
  
```

At the start of the next sequence, **ODDS** turn in (i.e. turn L) and **EVENS** face up (to front):

```

      5 >          ↓ 6
        3 >      ↓ 4
          1 > ↓ 2
  
```

To finish the dance, **ODDS** repeat their previous sequence while **EVENS** repeat their previous rhythm against it. (**See ODDS and EVENS sequences above**).

BUT, there is a change at the end:

On the fourth (final) time of the **ODDS** sequence they dance:

ODDS	L.	R.
1		step
+		chug B
a	brush B	
2	step	
+	chug B	
a		brush B
3		step
+	ball	
4	step	
(+)	turn to face up and remain facing up	
1	step	
+	chug B	
a		brush B

2		ball
y	heel	
+	ball	
a		heel
3		step
+		chug B
+	step to L	

Meanwhile, **EVENS** repeat their sequence, facing up but omit the final "step in place" so that the **EVENS** sequence ends:

1		step to R
(+)	(step in place OMIT)	
2		
+		
3		
+		
4		
+		

The dance ends with all dancers using their final step to lunge forward towards the opposite dancer, odds with their L. foot and evens with their R. foot.

Also note that the **EVENS** take their final step before the **ODDS** do so.

END

Hot Shoe Shuffle

Video available:

<https://youtu.be/KtgucnP1NZU>

This was one of OSB's first dances. It was changed several times over the years.
This version was our final one.

It can be danced with any combination of three dancers.

Note: all dances begin with R. foot unless stated otherwise.
Read notation FRONT ↓

Key: Dancers are represented as X and O, and 1 2 3.

Begin: Offstage on the L.

	1	2	3
<	O	X	O

A1:

Dance on as follows -

First **O** (dancer no.1) dances on doing 2 Basics and a Big Kick.

X (dancer no.2) dances on doing 2 Basics and a Big Kick (starting on the L. foot).
Meanwhile, dancer no.1 (**O**) continues to travel fwd. repeating the steps.

A2:

Continue the dance on -

Second **O** (dancer no.3) dances on doing 2 Basics and a Big Kick.

Other two dancers continue to travel fwd. repeating the steps.

All dance 2 Basics and a Big Kick, facing fwd. on the first of the two Basics.

	1	2	3
End at back of stage ↓	O	X	O

B1:

Chorus steps

All dance 4 Cross Bucks and 4 Side Bucks o.s. Repeat.

B2:

Chorus steps

All dance one Basic facing fwd., one Basic to the R. and a Syncopated step, then one Basic facing fwd., one Basic to the L. and a Syncopated step.

A1:

Figure 1

All dance 2 Basics (turning to face fwd. on the first one), a William Tell, a Judy turn, a Basic and a Charleston o.s.

A2:

Figure 1

All repeat the **A1** steps o.s.

B1:

All dance 3 William Tells - both **O**s travel fwd. and **X** remains o.s.

All dance a Nocalypse - **O**s do a Nocalypse 180° to face down and **X** does a straight Nocalypse.

B2:

All dance 2 Basics and a Big Kick o.s. Repeat.

X↓

O↑

O↑

A1 and A2:

All repeat the Chorus steps as before but, this time, in new positions as shown above.

B1:

Figure 2

All dance 2 Basics, Buck and Wing, Wagon Wheel, 2 Basics o.s.
(The first Basic is empty).

B2:

Figure 2

All repeat the **B1** steps o.s.

A1:

All dance 3 William Tells - everyone travels fwd. for **O**s and **X** to change places.
All dance a Nocalypse 180° for **O**s to face up and for **X** to face down.

A2:

All dance 2 Basics and a big kick o.s. Repeat.

O↓

O↓

X↑

B1 and B2:

All repeat the Chorus steps as before but, this time, in new positions as shown above.

A1:

Figure 3

All dance 2 Basics, a Jerry, a Cat Scuff and 2 Cowboys o.s.

A2:

Figure 3

All repeat the **A1** steps o.s.

B1:

All dance 3 William Tells - everyone travels fwd. for **O**s and **X** to end in one line half way up the stage.

All dance a Nocalypse - **X** does a Nocalypse 180° to face up and **O**s do a straight Nocalypse.

End:

O X O↓

B2:

All dance 6 basics o.s. then end:

+a 1	2	3	4
Shuffle RXL	Step L	Step R in place and Kick L	Step LXR

END



OSB:
Hot Shoe Shuffle

Let's Dance

Video available:

https://youtu.be/NnBEcd3c_xg

<https://youtu.be/-nkpaOrAyYk> (this shows the link into *The Old Halfway*)

This is a dance for two dancers.

OSB has had various versions of this dance.

Note: all dances begin with R. foot unless stated otherwise.

Read notation FRONT ↓

Key: Dancers in the couple are represented as X and O.

Begin:

X ↓ O

Dancers take 4 steps on to meet and face up (5,6,7,8...) X ↓ O

A1:

Dancers take a two-hand hold (crossed in front) to dance 8 Basics o.s. facing up. On final Basic, drop L. hand hold and turn to face each other.

A2:

Keeping R. hand hold, dance one Basic to step in towards each other (with R. arm bent) then dance a Step, Chug F to pull back (with R. arm straight).

Dance one Basic to step in again towards each other (with R. arm bent) then dance another Basic to change places - both take R. shoulders back to change places. Repeat to end back in place.

B1:

Dancers take a two-hand hold again (crossed in front) to dance 2 Basics and 2 Indians facing up.

Then, as a couple, dancers do 2 Basics to do $\frac{1}{4}$ turn to the R. and a Cat Scuff o.s. Follow this with 2 Basics to face down (continue in the same direction) and 2 Indians o.s. and then 2 Basics to turn L (continue in the same direction) and a Cat Scuff o.s.

Note (2): dancers should turn in one step if possible, i.e. one Basic to turn and one Basic o.s.

Dancers drop L. hand hold and dance 2 Basics to face $\begin{matrix} O \downarrow \\ \uparrow X \end{matrix}$

Dance a Step, Scuff F, Chug F to move into $\uparrow X \ O \downarrow$

Dance 2 Basics o.s. and a William Tell to face partner X> <O

Drop hands and dance 2 Basics, 2 Rodneys, 2 Basics and *Hambone

clap hands, clap R. hand with partner, clap hands, clap L. hand with partner,
clap hands, slap knees, clap hands, slap R. hand with partner.

When you slap R. hand with partner, continue turning R. dancing 2 Basics to turn full circle and end X> <O again.

Take R.hand hold again and dance a Step, Scuff F, Chug F to move into $X >$
 $< O$

Rhythm is: 1+2 (+ 3 + 4)

Dance 2 Basics and a William Tell bkwd. - turn up at the end of the William Tell, taking a two-hand hold (crossed in front.) X ↓ O

Dance 2 Basics, 2 Rodneys, 2 Basics and a Bunnyslide
(A Bunnyslide is a Bunnyhop but with a Chug back instead of a hop.)

A1:

Keeping the two hand-hold, dance 2 Basics then dance *Shuffle, Step, Scuff F, Chug B, Step, Chug B, Step, Chug B, Step. o.s.

Rhythm of * is: + a 1 y + 2 + 3 + 4

Repeat.

A2:

Still facing up, dance 2 Basics, 2 Wrens and 2 Basics o.s.

B1:

Dance 2 Basics to face each other, drop hands and step back i.e.

go from $X \downarrow O$ to $X > < O$

Then dance 3 big steps to the R. turning a full circle and end with a jump o.s.
End:

$< O$

$X >$

Both dancers dance 4 Scooters to the L. (beginning L. foot), so that each are facing their partner again, and then a William Tell o.s.

B2:

Repeat the steps to the L. i.e. starting on L. foot, dance 2 Basics o.s. facing each other, then do 3 big steps to the L. turning a full circle to end with a jump o.s.
End:

$X >$

$< O$

Both dancers do 4 scooters to the R. (beginning R. foot) so that each is facing their partner again, and then a William Tell o.s.

A1:

Dance a Bertha (i.e. 3 singles and a chug F.) to meet, take a ballroom hold and turn $\frac{1}{2}$ way round:

↑O X↓

Then dance a William Tell o.s.

Repeat steps to turn $\frac{1}{2}$ way round again:

↑X O↓

A2:

Dance 2 Basics to face each other and take a two-hand hold then do 4 Chugs R, L, R, L.

Repeat the steps as follows:

Dance 2 Basics for dancer X to turn down and under to face up again with dancer O. To do this, dancer X raises their R. arm and dancer O raises their L. arm. Dancer X turns down and under the arms. The couple end facing up - dancer O's R. arm is behind dancer X; dancer X is using their L. hand to hold dancer O's R. hand. Dancer X's L. hand is across their body. Dancer X's R. hand and dancer O's L. hand are held in front.

Then dance 4 Chugs facing up.

B1:

Keeping the hold, dance 2 Basics and a Walk the Heel. Then dance 2 Basics to come out of the hold as follows:

Drop the hands at the front (X's R. hand and O's L. hand) but keep a one-hand hold (X's L. hand and O's R. hand). Dancer X spins out to the R. To end:

X ↓ O

Follow this with * 2 Singles, Ball B. Step F, Scuff F, Chug F.

Rhythm of * is: +a 1 +a 2 + 3 + 4

B2:

Dance 2 Basics slightly fwd. (the first is "empty" as the previous Chug means that the foot is off the ground) then a Syncopated step o.s.

Dance 2 Basics, drop hands and both dance a Nocalypse 360° to turn out (away from each other) and face up again.

A1:

Dance 8 Basics o.s. as follows - 2 facing up, 2 to turn out i.e. back to back, 2 to face up again and 2 to face in to each other.

Note: try to turn in one step if possible, i.e. one Basic to turn and one Basic o.s.

A2:

Take a R. hand hold to dance one Basic to step in towards each other (with R. arm bent) then dance a Step Chug F to pull back (with R. arm. straight).

Dance one Basic to step in again towards each other (with R. arm bent) then another Basic to change places - both dancers take R. shoulders back to change places. Repeat to end back in place.

B1:

Face down and take a two-hand hold again (crossed in front). Dance 2 Basics and 2 Indians then 2 Basics and a Cat Scuff. Repeat the steps but, this time, use the final 2 Basics to turn in and face up again. End with the Cat Scuff facing up.

Note: When facing down, the steps can either be done o.s. or travelling. It depends on whether or not the dancers need to end at the back of the stage.

As the final step is a Cat Scuff, dancers will end with R. foot raised.

Dancers hold this position while music plays rhythm 1 +a 2 + 3 +a 4 +

Dancers reply with a Whitby (*step, shuffle, step, step, shuffle, step, step)
Rhythm of * is 1 +a 2 + 3y + 4

END

ADDITIONAL NOTE

Linking Let's Dance to Old Halfway

Let's Dance can be linked directly into the dance *Old Halfway*.

In this case, the music changes from *Soldier's Joy* straight into *Kitchen Girl* with no 1 x A music introduction.

Old Halfway (OH) dancers dance straight on, while *Let's Dance* dancers pause for 2 Basics (while OH dancers are dancing on), then repeat as in the dance:

Drop 2 handed hold but keep R. hand hold to dance one Basic to step in towards each other (with R. arm bent) then do a step, Chug to pull back (with R. arm. straight).

Dance 1 Basic to step in again towards each other (with R. arm bent) then another Basic to change places - both dancers take R. shoulders back to change places.

*Drop hands, add a spin if desired and dance off, or into place for *Old Halfway*.

Alternatively, if one of the dancers needs to be in *Old Halfway* but on the opposite side of the set, dance to * then, facing each other, drop hands and pass R. shoulders to get into place in *Old Halfway*.



Miss MacGregor's...

Video available:

https://youtu.be/6Sls9BFV_E

This is a dance for four dancers.

The title of the dance is unfinished because we always used to give it a different ending depending on where we were dancing, e.g. Miss MacGregor's trip to Sidmouth!

Note: The Tennessee Walking Step (TWS) may be referred to as an "Alligator". This is how we were taught it - "Alligator" is the rhythm of the step = (1y+a)

Note: all dances begin with R. foot unless stated otherwise.
Read notation FRONT ↓

Key: Dancers are represented as X1-X4.

NB: Apart from the initial 'A' music, the rest of the dance is performed facing the front.

Begin - Dancers either side of the stage:

X X >	< X X
2 4	1 3

Dancers 1 and 4 walk 4 steps on to meet and face each other (counts 5,6,7,8...):

4 > < 1

A1:

Dancers 1 and 4 dance 2 William Tells, 2 Indians and a "sounded" Syncopated step o.s.

A2:

Then, dance a William Tell to change places by turning away from each other (back to back):

1 > < 4

Then another William Tell o.s. in new places.

Dance 2 Indians. Then dancer no. 1 turns to face fwd. while dancer no. 4 steps back - dancers can use any steps of their choice for this, or can use the "sounded" Syncopated step again.

B1:

Dancer no. 1 dances a solo (own choice of steps) while dancer no. 4 remains further back, standing still. On the final 4 beats (or steps 7 and 8), dancer no. 1 steps back and stops while dancer no. 4 moves fwd. - can dance own choice of steps again.

B2:

Dancer no. 4 dances a solo (own choice of steps) while dancer no. 1 remains further back, standing still. On the final 4 beats (or steps 7 and 8), both dancers do 4 Walking Steps to separate and dance off while dancers 2 and 3 do 4 Walking Steps to walk on, meet and face up at the back of the stage:

2 v 3

A1 and A2:

NB: For this section each dancer begins on the outside foot so that they mirror each other. The notation is written for a R. foot start.

All dancers move to front of stage, dancing the following steps - **Sequence ①:**

①	L.	R.
+ a		shuffle
1		step
+		chug B (Indian)
2		chug F

+		chug B
3	step	
+	chug B	
a		brush B
4	chug F	
+	chug B	
a		brush B
1	chug F	
+	chug B	
2		step F
+		chug B
3	step F	
+	chug B	
a		brush B
4	chug F	
+	chug B	
a		brush B
1		step
+		chug B (Indian)
2		chug F
+		chug B
a	brush B	
3	step	

+	chug B (Indian)	
4	chug F	
+	chug B	
1		step (TWS)
y	scuff	
+		chug B
a	brush B	
2	step (TWS)	
y		scuff
+	chug B	
a		brush B
3		step
+		chug B
4	step	

Repeat the sequence, starting on the same foot as before, either moving fwd., or o.s. if already at the front of the stage.

B1:

While both still on outside foot, dancers 2 and 3 dance away from each other doing the following steps*:

Alligator, Alligator, step, ball, step, Chug B (rhythm = 1y+a 2y+a 3+4+).

Repeat the steps, *without* the final Chug B, to end up and apart on either side of the stage.

**NB: These steps are not danced facing fwd. all the time but are done at a slight angle with a sway - dancers should end up facing out at a little angle.*

Both then dance 2 x Ira Jerry o.s. - on final '+' [i.e. after '4+'], step back on ball of outside foot and flick inside fwd. and up.

B2:

Dancers repeat the **B1** steps to dance back towards each other but only do 1 x Ira Jerry. End facing up next to each other to dance step, shuffle, step, shuffle step, jump (rhythm = 1 +a 2 +a 3 4).

A1 and A2:

NB: Dancers now both dance using R. foot start.

Dance the following sequence to back of stage, facing fwd. - **Sequence ②:**

②	L.	R.
1		step
+a	shuffle	
2		chug F
+	ball B	
3y		shuffle
+	chug F	
4		ball B
+a	shuffle	
1		chug F
+	ball B	
2		step F
+	ball B	
3y		shuffle
+	chug F	
4		ball B
+a	shuffle	
1		chug F

+	ball B	
2y		shuffle
+	chug F	
3		ball B
+	step F	
4		ball B
+a	shuffle	
1		chug F
+	Ball B	
2y		shuffle
+	chug F	
3		ball B
+	ball F	
4		stamp F

Repeat the sequence, both starting on the L. foot, either moving back, or o.s. if already at the back of the stage.

NB: Dancers 1 and 4 use the last 4 beats to dance 4 steps into line with dancers 2 and 3. All end at back of stage, facing fwd.:

1 2 3 4 ↓

B1 and B2:

Beginning on R. foot, all 4 dancers move fwd. to front of stage, dancing the steps from **Sequence ①**.

Repeat step sequence.

A1:

Dancers 2, 3 and 4 dance R. foot brush B, L. foot heel tap, R. foot tap XBL. foot. (rhythm = +1+). Hold this position until re-joining the dance steps.

Meanwhile, starting on the R. foot, dancer no. 1 dances a Jerry (crossing and uncrossing foot on shuffles).

Then, dancers 1 and 2 dance step, shuffle, step, shuffle, step, shuffle step (rhythm = 1 +a 2 +a 3 +a 4).

Then, starting on the right foot, dancers 1, 2 and 3 dance ball B, step, shuffle, step, step, shuffle, step, step (rhythm = +1 +a 2 + 3y +4).

Then, starting on the right foot, all dancers dance Alligator, Alligator, step, Chug B, step (rhythm = 1y+a 2y+a 3+4).

A2:

Dancers 1, 2 and 3 dance R. foot brush B, L. foot heel tap, R. foot tap XBL. foot (rhythm = +1+). Hold this position until re-joining the dance steps.

Meanwhile, starting on the R. foot, dancer no. 4 dances the following sequence:

	L.	R.
1		step
+	tap F	
2	ball	
y		heel
+		ball
a	heel	
3	ball	
y		heel
+		ball
+	step	

Dancers 4 and 3 dance shuffle, step heel (turn toe out), step; R. foot start then repeat with L. foot start (rhythm = +a 1 + 2 +a 3 +4).

Dancers 4, 3 and 2 dance an Ira Jerry, beginning on R. foot.

Then, starting on the R. foot, all dancers dance step, shuffle, step, shuffle, step, jump (rhythm = 1 +a 2 +a 3 4).

B1 and B2:

Beginning on R. foot, all 4 dancers move to back of stage, facing fwd., dancing the steps from **Sequence ②**.

Repeat step sequence.

To end:

After B music ends, all dancers dance R. foot brush B, L. foot heel tap, R. foot tap XBL. foot (rhythm = +1+).

Hold positions for several seconds.

END



No Reservations

Video not available - sorry!

This notation is written for two couples dancing as a group of four dancers.

Note: all dances begin with R. foot unless stated otherwise.

Read notation FRONT ↓

Key: Dancers in each couple are represented as X and O, dancers 1-4.

Begin: X O > < X O
 1 2 3 4

Couples dance on from either side of the stage using 4 steps on to meet and face up in line (count 5,6,7,8...).

A1:

All move fwd. with 4 William Tell steps, hands joined in line.

A2:

All dance 2 Basics in pairs (middle dancers drop hands and turn to face partner on first Basic) then 2 Syncopated steps.

Then repeat these steps, facing up on the first Basic.

B1:

All drop hands. In line dance 2 Basics, Kick the Can, 2 Basics (the first Basic is "empty") and 2 Scuff Chugs.

B2:

Remain in line to dance 2 Basics, Pearl Indian, Ira Jerry and *final step (see below):

*	L	R
1		step
+		chug B
a	brush B	
2	step B	
+		step
3		chug B
+	heel F	
4	flat	

A1:

Xs dance 2 Basics o.s. (the first Basic is "empty"), Syncopated, 2 Cross Bucks, Indian and 4 Chugs (out and in, out and in).

Os dance 2 Basics o.s., (the first Basic is "empty"), William Tell bkwd., 3 Basics o.s. and a Step fwd.

A2:

Xs dance 2 Basics o.s., William Tell bkwd., 3 Basics o.s. and Step fwd.

Os dance 2 basics o.s., 2 Rodneys, Whitby, Nocalypse 180°.

End : $\begin{array}{cccc} & \uparrow & & \uparrow \\ X & O & X & O \end{array}$ (**Xs** face up, **Os** face down)
 $\begin{array}{cccc} \downarrow & & \downarrow & \\ 1 & 2 & 3 & 4 \end{array}$

B1:

All join hands to dance 2 Basics bkwd. (the first Basic is "empty"), Kick the Can, 2 Basics fwd. (the first Basic is "empty") into line again, Bunnyslide in pairs to turn half way.

NB: *There is no first shuffle in any Bunnyslide in the dance - this makes it easier to turn.*

B2:

Repeat **B1** steps, but use Bunnyslide (drop hands) to face up to end:

O X O X ↓ (Os are already facing up, Xs turn R to face up)
2 1 4 3

A1:

All dance 2 Basics o.s., Walk the Heel, then 4 Basics to *turn to end:

O X > < O X
2 1 4 3

(*turn on step 7 i.e. the last but one Basic).

A2:

Dancers 1 and 4 dance 2 Basics to take inside hands and swing fwd.. Drop hands and dance a Bunnyslide o.s., turning out to end facing down. Dance 4 Basics o.s. Dancers 2 and 3 take inside hands and dance 4 Basics to meet, 2 Basics to swing o.s. Drop hands and dance a Bunnyslide o.s., turning out to end facing up. End:

2O X3
1X O4 *all facing in, ready to form a circle*

B1:

All join hands and use 6 Basics to Circle L. once. Drop hands and o.s. dance 3 walk steps and a jump to face out, facing the 4 corners (swing body and foot RXL while moving).

B2:

All dance 2 Basics fwd. towards corners, a Syncopated o.s., then an "empty" Basic (LXR), Step and Kick to turn to face in diagonally then dance 2 Basics o.s. (the first Basic is "empty").

A1:

Cross over as follows -

Xs: dance 2 Basics o.s. facing each other diagonally across the set, 2 Basics (the first Basic is "empty") to take R hands to cross over and face each other again, 2 Basics to turn around once o.s. (follow R shoulder back) and 2 Indians o.s., to end facing each other diagonally across the set again.

Os: dance 4 Basics o.s. facing each other, 2 Basics (the first Basic is "empty") to take R hands to cross over and face each other again, then 2 Indians o.s., to end facing each other diagonally across the set again.

A2:

Repeat steps as for **A1**.

End: 2O X3 *Each dancer faces the dancer diagonally across the set.*
1X O4

B1 + B2:

All dance 2 Basics to turn full circle and move one place to the right. Then dance 2 Indians o.s., facing the dancer diagonally across the set.

Repeat 4 times in total to end back in place.

A1:

Face in couples as follows -

All dance one Basic to face partner and one Basic to face the other couple (partners join inside hands). To end:

2O ↓ 3X
1X ↑ 4O

All dance 2 Indians, 2 Basics and a Brad o.s.

A2:

Repeat steps as follows. All dance 2 Basics (Dancers 2 and 3 make an arch and dance fwd. while Dancers 1 and 4 dance fwd. and through the arch. All dance 2 Indians o.s. (couples will be back-to-back).

All drop hands. Dancers 2 and 3 dance 2 Basics o.s. while Dancers 1 and 4 dance 2 Basics to turn up and join on both ends. All dance a Brad o.s.

End: X O X O ↓
1 2 3 4 *All face up.*

B1:

In line, all dance 2 Basics, Kick the Can, 2 Basics and 2 Scuff Chugs.

B2:

Remaining in line, all dance 2 Basics, Pearl Indian, Ira Jerry and * final step (as previously - see first B2 of the dance).

End flamboyantly!

END



Pas de Deux

Video available:

<https://youtu.be/rYXRJfgDLYk>

This notation is written for couples.

The dance has changed over time but this is the original and most frequently performed version.

Note: all dances begin with R. foot unless stated otherwise.
Read notation FRONT ↓

Key: Dancers in the couple are represented as X and O.

Begin - dancers on either side of stage:

X ↓ O

Couple(s) walk on with 4 steps on to meet and face up (count 5,6,7,8...):

X ↓ O

A1:

Couple(s) take inside hands to dance 8 Basics fwd. while swinging out, in, out, in...etc.

A2:

O.s. dance a Jerry followed by 2 Basics (the first Basic is "empty"). Repeat.

B1:

Repeat the 8 Basics with swinging, this time o.s. if the dancers have already reached the front of the stage. On final Basic, the dancers drop hands and turn away from each other i.e. to end back to back:

< X O >

B2:

O.s. dance a Jerry followed by 2 Basics (the first Basic is "empty"). Repeat.

A1: Figure 1

Dance 2 Basics and a Canadian syncopated o.s., 4 Scooters to the L. and a William Tell o.s.

A2:

Repeat steps of Figure 1 for dancers to go back to place i.e. end back to back again with partner. *NB* - this time, Basics begin on L. foot and Scooter to the R.

B1: Chorus

Dance 2 Basics and 2 Indians o.s., then Repeat.

B2:

Dance 4 Basics - do a $\frac{1}{4}$ turn R. on first Basic then do next three o.s. so that **X** ends facing down and **O** ends facing up:

↑X O↓

Then, o.s. dance a Jerry followed by 2 Basics (the first Basic is "empty"). Repeat.

A1: Figure 2

Dance 2 Basics and Pigeon Wings, one Basic starting L. foot, and Walk the Heel (once) then an Earl to take inside hands and turn $\frac{1}{2}$ -way round, to end:

↑O X↓

A2:

Repeat steps of Figure 2 to go back to place. End:

↑X O↓

B1: Chorus

Dance 2 Basics and 2 Indians o.s, then Repeat.

B2:

Dance 4 Basics - do a $\frac{1}{4}$ turn R. on first Basic then do next three o.s. so that **X** and **O** are facing each other, i.e. **X** > < **O**

O.s. dance a Jerry followed by 2 Basics (the first Basic is "empty") and take a two-hand hold.

A1: Figure 3

Dance 3 Basics o.s. then a jump to change places. Follow this with 4 Chugs R. and 4 Chugs L.

A2:

Repeat steps of Figure 3 to go back to place.

B1: Chorus

Drop hands and dance 2 Basics, turning to face each other on the first one and then diagonally R. on second one. i.e. meet L. shoulders.

Dance 2 Indians o.s.

Repeat steps to move in opposite direction i.e. one Basic to face each other, then 1 Basic to turn diagonally L. i.e. meet R. shoulders, then 2 Indians o.s.

B2:

Dance 4 Basics to face up - turn up as soon as possible - then, o.s. dance a Jerry followed by 2 Basics (the first Basic is "empty").

A1: Figure 4 (repetition of steps in Figure 1)

Facing up, dance 2 Basics and a Canadian syncopated o.s., 4 Scooters to the L. and a William Tell o.s.

A2:

Repeat steps of Figure 4 to travel back to the R. To do this, dancers begin Basics on L. foot and Scooter to the R.

B1: Chorus

Dance 2 Basics and 2 Indians o.s., then Repeat.

B2:

Dance 4 Basics - do a $\frac{1}{4}$ turn R. each time to turn away from each other and end up facing fwd. again, i.e. X ↓ O

O.s. dance a Jerry followed by 2 Basics (the first Basic is "empty").

DANCE OFF

A1:

Couple(s) take inside hands to dance 8 Basics o.s. while swinging out, in, out, in etc.

Use the final 2 Basics to drop hands and turn out to face down.

A2:

Remaining o.s., both dance a Jerry followed by 2 Basics (the first Basic is "empty"). Repeat.

B1:

Repeat the 8 Basics, swinging and moving fwd. towards the back of the stage.

Use the final 2 Basics to drop hands and turn out to face up.

B2:

Remaining o.s., both dance a Jerry followed by 2 Basics (the first Basic is "empty"). Repeat.

END

ADDITIONAL NOTE

Linking directly to *Flying Down To Rio*

Pas De Deux can be linked directly into the dance *Flying Down To Rio*.

In this case, the music changes from *Over The Waterfall* straight into *Barlow Knife* with no 1 x A music introduction.

Pas De Deux dancers dance off as others dance on, or move into place, to dance *Flying Down To Rio*.

Stoke Works Stomp

Video available:

https://youtu.be/MHrnLOBWB_Q

This notation is written for four couples.

With a few tweaks, it can be danced with 3 couples.

There is some repetition in this dance.

In places, steps may be repeated in different formations. The outline is:

Dance on	A1, A2
Cross Over	B1, B2
Figure 1 Grand Chain	A1, A2, B1, B2
Insides and Outsides	A1, A2
Cross Over	B1, B2
Figure 2 Circle in Pairs	A1, A2, B1, B2
Insides and Outsides	A1, A2
Cross Over	B1, B2
Figure 3 Swing	A1, A2, B1, B2
Insides and Outsides	A1, A2
Dance off	B1, B2

Note: all dances begin with R. foot unless stated otherwise.

Read notation FRONT ↓



Key: Dancers in each couple are represented as X and O.

NB: To begin, line up on opposite sides of the stage. OSB would begin at the back of the stage or off stage, as shown below, and do a sideways jump onto the stage on the final beat of the introduction. *Please note that this is, obviously, not always safe/practical to do!*

Begin:

	O	O	O	X	>	<	O	X	X	X
(couples)	4	3	2	1			1	2	3	4

A1:

Dance On

All couples dance 6 Basics to meet, take inside hand and dance up stage in 2 lines, couple no. 1 leading:

O	X
O	X
O	X
X	O
↓	

Then, all do 2 Step Chugs o.s.

A2:

Dance on

Repeat the 6 Basics as follows:

Couple no. 1 makes an arch with inside hands and, still facing up, moves bkwd. while other couples continue moving fwd. through the arch and into place as shown below:

				couple 1					
				X	O				
		O			X				
couple 4							couple 3		
		X			O				
				O	X				
				couple 2					

All dance one Scuff Chug, facing in the direction of travel, and then one Scuff Chug to face partner. Drop hands.

B1:Cross over

To partner, partners dance 1 William Tell o.s. then 2 Walking Steps to change places with each other, followed by step, ball, step (pass R. shoulders and turn as you go). Repeat all of this back to place.

B2:Cross over

To partner dance 4 Basics, a William Tell and a Nocalypse 360° o.s.

A1:Figure 1 - Grand Chain

Partners take R. hands and dance a Bertha (i.e. 3 singles and a chug F.) to turn approx. half way round so that **Xs** face in and **Os** face out. Take hands with dancers on both sides and dance a William Tell with a stomp. (i.e. replace final ball, step with 2 stamps).

Then, keep L. hand hold only to dance a Bertha to turn half way round again. This time, **Os** face in and **Xs** face out. Take hands with dancers on both sides to dance a William Tell with a stomp.

A2:Figure 1 - Grand Chain

Repeat the R. hand turn and L. hand turn again (as already described). End in a circle, all hands joined, with **Xs** facing out and **Os** facing in.

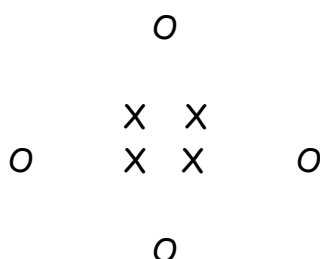
B1:Figure 1 - Grand Chain

All dance 2 Basics bkwd. and a Big Kick o.s., then dance 2 Basics fwd. to create a circle again. Drop L. hand hold to dance a William Tell half way round. Take hands with dancers on both sides again.

B2:Figure 1 -Grand Chain

All dance 2 Basics bkwd. and a Big Kick o.s., then drop hands and dance 2 Basics fwd. (i.e. **Xs** move to centre of circle and **Os** move to edges). All dance a Nocalypse 360°.

NB: When danced with four couples, the set should now be in a cross formation.
(It is the **O dancers'** responsibility to check the formation and spacing throughout the dance).



(**Xs** face in to each other and **Os** face out)

A1:

Insides and Outsides

NB - X and O dancers dance a different set of steps for this figure.

Xs (on the inside) facing in, in a tight circle dance the following:

4 Basics o.s. then 4 Scooters turning o.s. (take R. shoulder back and turn one and a half times to end facing out). Dance 2 Step Chugs o.s.

Meanwhile, Os dance the following steps:

Os (on the outside) facing out, dance 2 Basics, 2 Step Drags (i.e. step R. then drag L. toe towards and behind R. foot, then repeat on other side), dance 2 more Basics and a Wren o.s.

A2:

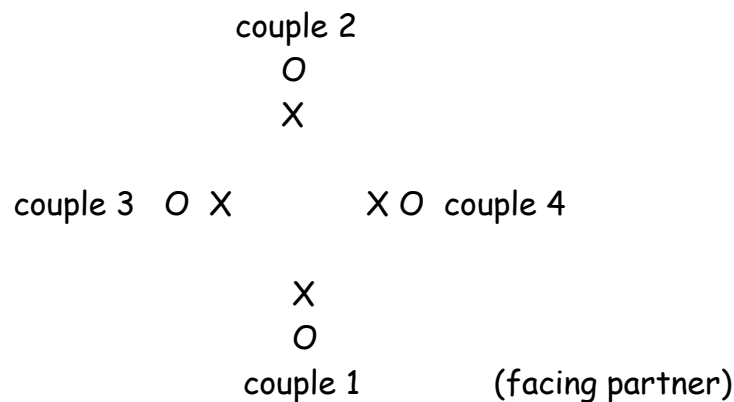
Insides and Outsides

Starting on L. foot, **Xs** dance 2 Basics, using the first (an "empty" Basic) to jump to the L. (in order to line up with their partner again) and a Wren o.s. Then **Xs** dance a William Tell and a Syncopated step o.s. facing partner.

Meanwhile, Os dance the following steps:

Os (on the outside) facing out and starting on L. foot dance one Basic and tap and turn (i.e. tap R. toe behind L. foot and turn to face in) then dance 2 Step Drags (as previously described), a William Tell and a Syncopated Step o.s. facing partner again.

NB: Each couple will be facing their original partner again but not in their original places. The formation should be:



B1:

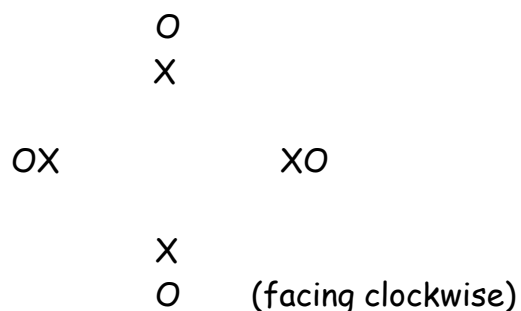
Cross over

To partner, partners dance 1 William Tell o.s. then 2 Walking Steps to change places with each other, followed by step, ball, step (passing R. shoulders and turning as they go). Repeat all of this back to place.

B2:

Cross over

To partner, partners dance 4 Basics and a William Tell o.s. (take R. hand hold on the William Tell then dance a Nocalypse, turning to face clockwise with partner, keeping the R. hand hold but also taking hold of L. hands as well. (i.e. both hands crossed in front), to end:



A1 and A2:

Figure 2 - Circle in Pairs

In couples, dance a Bertha, travelling fwd. and then dance a William Tell with a stomp o.s. Do this four times in all, moving $\frac{1}{4}$ of the way around the circle each time. On the final William Tell, drop L. hand hold with partner and form a circle again. Finish **Xs** facing out and **Os** facing in. Take hands with dancers on both sides.

B1:

Figure 2 - Circle in Pairs

All dance 2 Basics bkwd. and a Big Kick o.s., then dance 2 Basics fwd. to create a circle again. Drop L. hand hold and dance a William Tell half way round. Take hands with dancers on both sides again.

B2:

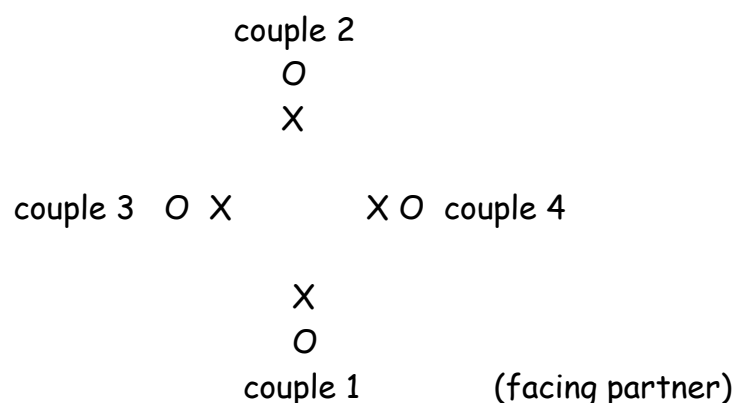
Figure 2 - Circle in Pairs

All dance 2 Basics bkwd. and a Big Kick o.s., then drop hands and dance 2 Basics fwd. (i.e. **Xs** move to centre of circle and **Os** move to edges). All dance a Nocalypse 360° o.s.

A1 and A2:

Insides and Outsides

This is exactly the same as before. Note that dancers will end facing their original partner again.



B1:Cross over

Partners dance one William Tell o.s. to each other, then 2 Walking Steps to change places, followed by step, ball, step (passing R. shoulders and turning as they move). Repeat all of this back to place.

B2:Cross over

Partners dance 4 Basics and a William Tell o.s. to each other, then dance a Nocalypse to turn diagonally to the L.

NB: dancers will now be facing towards a new partner to start the next figure.

A1 and A2:Figure 3 - Swing

Everyone takes a R. hand hold with the dancer they are now facing.

NB: The hold is important. Hands should be held at shoulder level with the elbow bent and the arm securely in place. This allows dancers to help each other to swing as they all move around the circle.

Dance a Bertha $\frac{1}{2}$ way round so that **Xs** end up on the outside and **Os** end up on the inside. (**Os** - be careful not to get legs tangled up in the centre!) Then continue around, dancing a William Tell with a stomp so that **Xs** are on the inside again and **Os** are on the outside. Drop hands.

Repeat the Bertha and William Tell, doing the sequence four times in total.

NB: Everyone moves on each time to dance with the next dancer they meet, until the final repetition which is danced as follows:

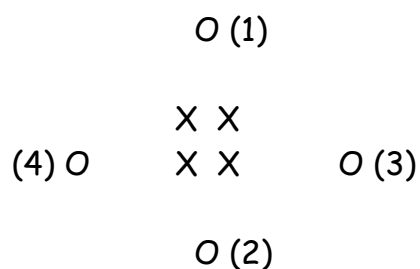
Dance a Bertha, taking a low R.hand hold with original partner and do $\frac{1}{4}$ turn so that **Xs** face out and **Os** face in. Take hands (low) with dancers on both sides and dance a William Tell o.s.

B1:Figure 3 - Swing

All dance 2 Basics bkwd. and a Big Kick o.s., then dance 2 Basics fwd. to create a circle again. Drop L. hand hold to dance a William Tell half way round. Take hands with dancers on both sides again.

B2:Figure 3 - Swing

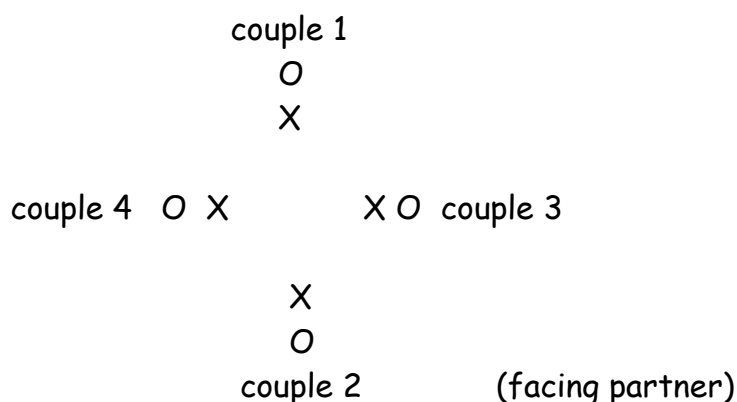
All dance 2 Basics bkwd. and a Big Kick o.s., then drop hands to dance 2 Basics fwd. (i.e. **Xs** move to centre of circle and **Os** move to edges). All dance a Nocalypse 360°.



NB: ***Xs** end facing in to each other and **Os** face out (**Os** are back in their original starting place).*

A1 and A2:Insides and Outsides

This is exactly the same as before. Note that dancers will be facing their original partners again and in their original places. The formation should be:



B1:Dance off

All couples take a R. hand hold with partner while dancing one Basic facing each other. Dance a second Basic to turn clockwise, keeping the R. hand hold but now also taking hold of L. hands as well (i.e. both hands crossed in front). Dance 6 more Basics, circling clockwise.

B2:Dance off

Couples dance 8 more Basics to dance off -

- Couple no. 1 leads off at an appropriate point.
- Instead of dancing the final two Basics, couple no. 3, who will be last to leave the stage, keep a two handed hold and turn to face the audience, dancing a step of their own choice to finish.

END



OSB:
Stoke Works
Stomp

Swing Time

Video available:

<https://youtu.be/6d6dVHRZHZ8> and

<https://www.youtube.com/watch?v=zwCI2wb1gXA&feature=youtu.be>

Note: all dances begin with R. foot unless stated otherwise.
Read notation FRONT ↓

Key: Dancers in each couple are represented as X and O.

Begin:

O	X	>	<	O	X
2	1			4	3

(Note that dancers 3 and 4 begin on L. foot)

A1:

Dancers 1 and 4 dance 6 Basics on, i.e. 2 to meet and take hands, 4 fwd, while swinging out then in. Drop hands and take three steps out, away from each other, and jump o.s.

A2:

Dancers 2 and 3 repeat this, while dancers 1 and 4 dance 8 Basics (both now starting on the R. foot), to end in line:

↓	X	O	X	O
	1	2	3	4

NB: All dancers start on the R. foot from now on.

B1:

All join hands and dance 4 Basics and 2 Canadian syncopated steps o.s.

B2:

Dance a Dishrag, as follows:

Dancers do 2 Basics. - Dancers 2 and 3 drop hands - then dance 2 William Tells (WTs)*. To begin the WTs, Dancers 1 and 3 (or Xs) start moving fwd. and take a 2-handed hold with partner.

* During the 2 William Tells, arms are raised and dancer **X** dances around dancer **O**, turning away from **O** while **O** dances o.s. This move is called a "Dishrag." Note: Dancers do not end the Dishrag completely back in line but on a diagonal, i.e. X X

O O

Dancers then use the first of the final 2 Basics to step towards each other and use the second to step back from each other.

A1:

Dance 8 basics with partner as follows:

Keep one handed hold (**Xs** use L. hand and **Os** use R. hand) and use the first 2 Basics for dancer **X** to turn under dancer **O's** arm so that they change places. Dance 4 Basics to dance around with partner, putting free hand on each other's waists. Drop hands on waist and use final 2 Basics for dancer **X** to turn under dancer **O's** arm again. All end:

2 O X 3

1 X O 4

All join hands in a circle.

A2:

Keeping all hands joined, **Os** dance 6 Basics, 3 Singles and a Jump o.s., *while Xs* dance: 1 Basic facing in (all arms up), 1 Basic turning L. to face out (all arms down - they should be crossed in front of both **X** dancers. Then **Xs** dance a Big Kick facing out, followed by a step, ball, step.

Then **Xs** dance 2 more Basics to turn back in - all arms up and down again (the reverse of the previous turn) and dance 3 Singles and a Jump o.s.

B1:

Everyone keeps holding hands in a circle.

All do a Bertha and a William Tell (X2) as follows:

Os go fwd. / **Xs** go back on first Bertha.

Xs go fwd. / **Os** go back on first William Tell.

Repeat and drop hands.

B2:

All dance 8 Basics to dance a 'Ladies' Chain' (i.e. **Xs** do a 'Figure of 8' around the **Os** who support them as they turn).

OSB:
Swing Time

A1:

Os link arms around each other's waists and dance 2 basics $\frac{1}{2}$ way round in a L. hand turn while **Xs** dance 4 walking steps o.s.

Os link up with and "collect" the **Xs** and all dance 4 Basics to turn almost full circle and end in a straight line:

$$\begin{array}{c} 2\uparrow 3 \\ X \ O \ O \ X \\ 1\downarrow 4 \end{array}$$

Os drop hold and dance 2 Basics to put the **Xs** into the centre - **Os** move bkwd. while **Xs** move fwd. **Xs** link arms around each other's waists when at the centre.

A2:

All dance 6 Basics back around in a full circle. Dance 2 basics for **Xs** to drop hold with each other and to turn in pairs to face across set - **Xs** move bkwd. while **Os** move fwd., to end :

$$4 \ O \rangle \quad \langle X \ 3$$

$$1 \ X \rangle \quad \langle O \ 2$$
B1:

Os dance 6 Basics o.s. while **Xs** dance 2 basics to meet L. shoulders at centre. Follow this by dancing 2 Indians, then use 4 short beats to dance:

- (1) cross R. foot over L. foot
 - (2) rise up on the balls of the feet to turn back to back
 - (3) slide feet together
 - (4) chug back and push away from each other
- Xs** then do 2 Basics back out to place.

While **Xs** dance their 2 Basics out to place, **Os** dance 2 Basics to meet at the centre. (NB: Dance 1 Basic to the centre and 1 Basic to turn L. i.e. R. shoulders at centre).

B2:

Os dance an Aerial Syncopated and Pigeon Wings at the centre and a William Tell back to place. Meanwhile, **Xs** dance 6 Basics o.s.

All face across the set and mark time. i.e. pivot on heel of R. foot and tap to the R, L, R and L.

A1 and A2:

Begin: 4 O> <X 3
 1 X> <O 2

All move around the square one place at a time dancing a Bertha and a William Tell (x4) until back to place. Dance this as follows:

Dancers 1 and 2 take a one handed hold (**Xs** L. hand and **Os** R. hand.) Dancers 3 and 4 do the same.

Use the Bertha for both couples to move fwd. to change places. **X** turns under **O's** arm to do this.

Keep holding hands and face each other for the first two singles of the William Tell then drop hands and do a $\frac{1}{4}$ turn o.s. while dancing the Basic (i.e. the last part of the William Tell).

***NB:** **Xs** turn R. while they are travelling anti-clockwise and **Os** turn L. while they are travelling clockwise.*

Dancers end back where they all started.

B1:

Dancers 3 and 4 dance 8 Basics o.s. (remain facing each other) while dancers 1 and 2 dance 8 basics as follows:

Dance 1 Basic fwd.to meet and take both hands, 1 Basic to pull back from each other, 2 Basics for dancer **X** to turn down, lifting their R. arm and dancer **O's** L. arm. Then complete the turn to face the front, pulling down dancer **X's** R. arm and dancer **O's** L arm so that they are crossed in front of their body. Both face the front.

Use the next 4 Basics to drop hands - dancer **X** spins out to the R. and dancer **O** moves across to the L. (wide)

***Note:** Dancers should omit the shuffles when doing these 4 basics - this will enable them to move out more easily.*

B2:

Dancers 1 and 2 dance 8 Basics o.s. facing the front, while dancers 3 and 4 dance as follows:

Take inside hands to dance 2 Basics fwd., moving into line with dancers 1 and 2.

Take a Ballroom Hold to dance 4 Step Chugs around twice on the spot. Keep original hand hold (i.e. inside hands) and dance 2 Basics for dancer **X** to spin into place.

All end in line:

X 0 X 0 ↓
1 4 3 2

A1:

Dance one Basic to face each other in pairs and one Basic o.s. Then dance 2 Indians o.s., ending:

X> <0 X> <0

Use 12 Basics to dance a Hey. By step 10, the end dancers (i.e. dancers 1 and 2) will be back in place; dancer 1 will be facing down and 2 will be facing up.

Dancers 1 and 2 use the last 2 Basics to do a full turn o.s.

Dancers 3 and 4 will not have time to do the turn o.s.

End in line, **Xs** facing down and **Os** facing up:

↑ ↑
X 0 X 0
1 4 3 2
↓ ↓

B1:

All join hands to dance 2 Basics bkwd. and an Eddy o.s.

Dancers in the middle (**Middles**) drop hands and dance 2 Basics fwd. turning **Xs** under to all change places.

All join hands again and, keeping arms straight, all do a big kick, to end:

1 3
↑ X ↑ X
0 ↓ 0 ↓
4 2

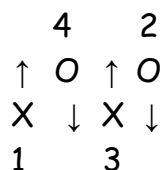
B2:

All dance 2 Basics fwd. into line and a Backstep o.s.

Drop hands with partner: **Middles** dance 4 Basics round once on the spot (keep close) while dancers at the end (**Ends**) dance 2 Basics and 2 Indians o.s.

A1:

Dance as for B1 above. To end:

**A2:**

Middles drop hands. All dance 2 Basics into line facing front - **Xs** turn to do this and bring joined hands in front. The free arm is kept down at side of body.
All dance a Backstep.

All dance 2 Basics o.s. Bring front arm over to rest behind **X's** neck.

End with a "Maggie", as follows:

	L	R
+a		shuffle
1	chug F.	
+		ball B.
2	step	
+		scuff
(3)	(pause)	(pause)
+		Brush RXL.
4		Toe RXL.

END

Take Four

Videos available:

<https://youtu.be/g2lsvmfVBa4> (for 7 dancers)

<https://youtu.be/LnFhiMBM02o> (for 5 dancers)

This is normally a dance for 7 but can be adapted for 5 dancers.

This notation is written for 7 dancers.

To adapt for 5 dancers, the middle 3 are replaced by a soloist XO(X)OX. From the 2nd B2 onwards, the soloist follows the steps danced by the other Xs.

NB: This is an opportunity at the start for the soloist to choose their own steps.

General rule: If you are not dancing, clap.

Note: all dances begin with R. foot unless stated otherwise.

Read notation FRONT ↓

Key: Dancers are represented as X and O as well as by number.

Begin:

X O X O X O X ↓
1 2 3 4 5 6 7

All clap during 1 x A music introduction (see *General Rule* above).

A1:

Middle three dancers (i.e. dancers 3, 4 and 5) take hands in a line of three and dance 4 Basics fwd. (*Dancers 1, 2, 6, 7 remain at the back of the stage until B2*).

Drop hands and dance a William Tell o.s. and a Nocalypse.

NB: dancer 4 (in the middle) does a straight Nocalypse; dancers 3 and 5 (at either end) do a Nocalypse 180°, both turning out.

To end:

↑ ↓ ↑ Dancers 3, 4 and 5 join hands in a line.
X O X

A2:

Dance 2 Basics bkwd. and a Big Kick o.s. Then dance 2 Basics fwd. (the first Basic is "empty") back into line - Dancers 3 and 5 turn out and under to face up. All hands end up in front. All do a Nocalypse - dancers 3 and 5 join hands across front of middle dancer 4.

B1:

Dance 2 Basics, Buck and Wing, Wagon Wheel, 2 Basics (the first Basic is "empty").

B2:

Dance 6 Basics (dancers 3 and 5 move hands behind so that the arms of middle dancer 4 are across their shoulders) to dance bkwd. back into place. Drop hands and end with 3 Singles (no first shuffle) and a Jump o.s.

Meanwhile, as dancers 3, 4 and 5 are moving bkwd., dancers 1, 2, 6 and 7 (who have remained at the back of the stage until B2) take inside hands with their partners and dance 6 basics fwd., swinging out, in etc., then drop hands. Dance three steps to turn all the way out and a jump o.s to face partner. Take both hands with partner.

A1:

In the 2-hand hold with their partners, dancers 1, 2, 6, and 7 dance 3 Basics o.s. then a Jump to change places. Follow this with 4 Chugs R. and 4 Chugs L.

A2:

Repeat **A1** to end back in place.

B1:

Couples then dance 6 Basics o.s. facing up, swinging out, in etc. then drop hands. Dance three walk steps to turn all the way out and a Jump o.s to face up. Meanwhile, dancers 3, 4 and 5 dance 6 Basics fwd. into line with the two couples (i.e. dancers 1, 2, 6 and 7) then do 3 Singles (no first shuffle) and a Jump o.s. to face up. All end in one line facing up.

B2:

All dancers dance 6 Basics o.s. then **Os** (dancers 2, 4 and 6) dance 4 walk steps bkwd, to back of stage, while **Xs** (dancers 1, 3, 5 and 7) dance 2 Indians o.s. at front of stage.

A1:

Figure 1 for X dancers

Xs dance 2 Basics o.s., a Wren, a Nocalypse 360° and a Big Kick.

A2:

Xs dance 6 Basics o.s. while **Os** dance 6 basics fwd. into line.

Xs dance 4 walk steps bkwd. to back of stage while **Os** dance 2 Indians o.s. at front.

B1:

Figure 1 for O dancers

Os dance 2 Basics and a Pigeon Wings, 1 Basic (starting L. foot), and Walk the Heel (once only) then an Earl.

B2:

Os dance 6 Basics o.s. while **Xs** dance 6 basics fwd. into line.

Os dance 4 walk steps bkwd. to back of stage while **Xs** dance 2 Indians o.s. at front.

A1:

Figure 2 for X dancers

Xs dance 2 Basics o.s. and a Slapstep then 2 Basics and a Brad.

A2:

Xs dance 6 Basics o.s. while **Os** dance 6 Basics fwd. into line.

Xs dance 4 walk steps bkwd. to back of stage while **Os** dance 2 Indians o.s. at front.

B1:

Figure 2 for O dancers

Os dance 2 basics o.s., Buck and Wing, Wagon Wheel and 2 Basics (the first Basic is "empty").

B2:

Os dance 6 Basics o.s. while **Xs** dance 6 Basics fwd. into line.

All dancers dance an Aerial Syncopated o.s. to end (with a flourish!)

END

**OSB:
Take Four**

Tappers' Retreat

Videos available:

https://youtu.be/6E0htl_4UAU and <https://youtu.be/g2lsvmfVBa4>

This dance is mostly performed at the front of the stage.
It, therefore, works best when the audience is seated in front of the dancers.

There is no fixed number for this dance.
It works particularly well with a lot of dancers.

For notation purposes, we show 3 rows of 3, but the numbers in each row can vary.

The entrance is from the back of the stage, usually from the left hand side.
With a few tweaks it can be done starting from the right hand side.

General rule: If you are not dancing, clap!

Note: all dances begin with R. foot unless stated otherwise.
Read notation FRONT ↓

Begin:

(entering from left hand side of stage)

< 123, 456, 789

All clap during 1 x A music introduction (see General Rule above).

A1:

Dance on

First row of three dancers (i.e. dancers 123) dance 4 Basics fwd. to end in one line along the front of the stage and then dance 2 Basics to turn a complete circle (turn R.) to turn down and up again.

Then dance a Barnyard slide and step. ball, step fwd.

A2:

First row of three dancers dance 2 Basics, 4 Cross Bucks and 2 Indians o.s. then walk 4 steps bkwd. to the back of the stage. While travelling back, dancers look to the L. and 'introduce' the next row of dancers (i.e. dancers 345) by extending their L. arms in the direction of dancers 345.

B1:

Second row of three dancers (i.e. dancers 345) dance on as described in **A1**.

B2:

Second row of three dancers dance 2 Basics, a Bunnyslide (a Bunnyslide is a Bunnyhop but with a chug back instead of a hop.) and a Brad o.s., then walk 4 steps bkwd. to the middle of the stage. While travelling back, dancers look to the L. and 'introduce' the next row of dancers (i.e. dancers 789) by extending their L. arms in the direction of dancers 789.

A1:

Third row of three dancers (i.e. dancers 789) dance on as described in **A1**.

A2:

Third row of three dancers dance 2 Basics, a Big Kick and a Nocalypse 360°.

Then all dancers dance 3 Singles (no first shuffle) and a Jump o.s.

From now on, all dancers dance all steps.

***NB:** Third row of dancers remain at the front.*

1	2	3	
4	5	6	
7	8	9	↓

B1:

In place, all dance 2 Basics and a Heel Pivot* turning L. to face down.

*i.e. shuffle, step, heel (turn toe out), step, toe (turn heel out), step, heel (turn toe out) step.

*Rhythm of a Heel Pivot is: + a 1 + 2 + 3 + 4

Dance 1 Basic, an Indian and a William Tell o.s. facing down.

B2:

Facing down, dance 2 Basics and a Heel Pivot (as described above) turning L. to face up again.

*Dance one Basic, Chug back on L. foot, step fwd. on R. foot and pause.

Rhythm of * is: + a 1 + 2 + 3 (+ 4)

Follow this with a "tap behind" Syncopated * i.e. do a standard Syncopated step but replace the first step with two taps behind with L. foot.

Rhythm of * is: + 1 + 2 + 3 + 4

A1:

NB - Dancers will now be starting on L. foot.

Dance 6 Basics to move into one large circle, travelling clockwise. To do this, the front row turns R. and the back row turns L. The middle row can move in either direction -the aim is to get into the circle formed by the two outer rows of dancers as smoothly as possible.

All dance a Nocalypse turning to end facing in, in a large circle.

A2:

NB - Dancers will now be back on R. foot.

Dance 2 Basics and 2 Indians o.s., then 2 Basics fwd. to make a tight circle. Then dance 3 Singles (no first shuffle) and a Jump o.s. to turn L. ready to dance off.

B1:

All clap and dance off doing Basics.

The dance off is led by the last dancer who came on in the first row - in this notation this is dancer number 3. Keep circling and clapping until this dancer is in a position to lead the dance off. All follow. The final dancer ends with a flourish e.g. a step or bow to the audience.

END

The Old Halfway

Videos available:

https://youtu.be/h_GLclfovBo and <https://youtu.be/nRqucFYB7hs>
<https://youtu.be/-nkpaOrAyYk> (*this shows the link from Let's Dance*)

This notation is written for 6 dancers but it works for any even number.

The dance is more impressive with a lot of dancers.

One line of dancers is identified as '**Odds**', the other line '**Evens**'.

There is a lot of crossing over in this dance.

Always reset the 2 lines so that dancers are opposite across.

It can just as easily be danced with an odd number of dancers.

If so, the two lines need to be *offset* throughout.

When dancers are not dancing, they should mark time,
e.g. tap to the beat of the music with feet.

Sections of music can be taken out when **Odds/Evens** are dancing their sequences
- this emphasises the rhythm of the steps.

Note: all dances begin with R. foot unless stated otherwise.

Read notation FRONT ↓

Begin:	6	5	Note: Begin with only dancers 1 and 2 on stage.
	4	3	
	2	1	

↓

A1 and 2:

All dance 16 Basics to come on stage in two parallel lines. Use the final Basic to face in across the set to face the opposite dancer.

B1:

Odds (i.e. dancers 1, 3 and 5) dance a Cajun Lady, followed by 2 Basics (the first Basic is "empty").

Evens (i.e. dancers 2, 4 and 6) remain o.s.

B2:

Evens dance 2 Basics and Walk the Heel. Repeat. **Odds** remain o.s.

A1:

Odds repeat the Cajun Lady sequence as before. **Evens** remain o.s.

A2:

Evens repeat the Walk the Heel sequence as before. **Odds** remain o.s.

B1:

Everyone turns R. shoulder in (i.e. **Odds** face up and **Evens** face down) to dance 8 Scooters into the centre to make one line.

*NB: **Odd** go in front of their opposite **Even** when in line.*

All dance 4 Basics o.s.

NB: Dancers turn around to face opposite direction on the first of the four Basics if possible, but it may take two steps to turn. Dancers turn into the way they are travelling.

B2:

Everyone dances 8 Scooters out from the centre (dancers are now all travelling to the opposite side of the set) and then dance 4 Basics o.s. (dancers turn in to face across the set on the first of the 4 Basics).

A1:

Odds dance 2 Basics and a Pigeon Wings, 1 Basic (starting L. foot), and Walk the Heel (once) then an Earl. **Evens** remain o.s.

A2:

Evens dance 2 Basics, 2 Syncopated steps and 2 Basics. **Odds** remain o.s.

B1:

Odds repeat the Pigeon Wings sequence as before. **Evens** remain o.s.

B2:

Evens repeat the Syncopated sequence as before. **Odds** remain o.s.

A1 and A2:

Everyone dances 2 Basics and a Big Kick (X4) as follows:

1st - o.s.

2nd - fwd. into 1 line in centre (positions as before, dancers keep facing the way they are travelling).

3rd - fwd. again to move to opposite side of the set (to each dancer's original side).

4th - use the two basics to turn down and face across the set then do the Big Kick o.s.

B1:

Odds dance a Jerry followed by 2 Basics (the first Basic is "empty"). Repeat.

Evens remain o.s.

B2:

Evens dance 4 Cross Bucks and 4 Side Bucks. Repeat. **Odds** remain o.s.

A1:

Odds repeat the Jerry sequence. **Evens** remain o.s.

A2:

Evens repeat the Cross Bucks sequence. **Odds** remain o.s.

B1:

Everyone dances 2 Basics o.s then 4 Walking Steps fwd. into one line (positions as before, dancers keep facing the way they are travelling). Dance 2 Basics o.s.

***NB:** Dancers take hands either side on the first Basic and raise arms from elbows on second Basic.*

Dance 2 Indians o.s., still holding hands with arms up - hands should be approximately at shoulder level.

B2:

Repeat the **B1** steps but as follows:

Dance 2 Basics o.s. (dancers bring hands down on first basic and drop hands on second basic) then dance 4 walking steps fwd. to opposite side. Dance 2 Basics o.s to turn down and face across the set, then do 2 Indians o.s.

A1:

Odds dance 2 Basics and a Slapstep, then 2 Basics and a Brad. **Evens** remain o.s.

A2:

Evens dance 2 Basics, a William Tell, a Judy turn, a Basic and a Charleston.

Odds remain o.s.

B1:

Odds repeat the Slapstep sequence. **Evens** remain o.s.

B2:

Evens repeat the Judy turn sequence. **Odds** remain o.s.

A1:

Everyone dances 2 Basics o.s. then 1 Basic (R foot X L foot), a 180° Kick to face out. Then everyone dances 2 Basics o.s. (the first Basic is "empty") and a Nocalypse , to remain facing out.

A2:

Everyone dances 2 Basics, 2 Wrens and 2 Basics o.s.

B1:

Everyone dances a Jerry followed by an empty Basic and a Jump to face in again (all turn R. on the Jump). Then everyone dances 4 Basics into the centre - this time to finish in 2 lines. All face up on final Basic, to end:

6 5
4 3
2 1
↓

B2:

Everyone dances Basics and claps in time to the beat of the music until all have danced off stage. To do this, the last **Even** dancer (in this notation dancer 6) turns back on themselves and leads a single dancer weave from the back of the set up through to the front. Dancer 5 follows dancer 6 etc. Keep dancing until off stage. ***Note:** The rule to make this weave work is to, in pairs, always turn away from the dancers who are weaving through, and join the weave.*

***NB:** For a performance with an odd number of dancers in an offset formation, dance into a single line to finish the dance.*

END

Three Steps Forward

Videos available:

<https://youtu.be/WftyBwmJOPk> and <https://youtu.be/jAZ9b7lt7ZE>

This is an Acapella dance for 3 dancers.

In general, dancers face the front during this dance but often turn towards each other to step. For example, dancers 1 and 2 turn to face; 2 and 3 turn to face etc.

The Tennessee Walking Step is referred to as an "alligator."

This is how we were taught it - "alligator" is the rhythm of the step, i.e. 1y+a

Note: all dances begin with R. foot unless stated otherwise.

Read notation FRONT ↓

Begin:

Dance on from Left side of stage.

< 1 2 3

Sequence 1

Dancer 1 dances on as follows:

step, hop, alligator, alligator, step, hop, step, hop, alligator, alligator, step.

The rhythm is: 1 + 2y+a 3y+a 4 + 1 + 2y+a 3y+a 4.

Dancer 1 continues to dance on, repeating the steps while dancer 2 starts to dance on, also doing the same steps.

Dancers 1 and 2 continue to dance on, repeating the steps while dancer 3 starts to dance on, also doing the same steps. To end:

1 2 3 v

All 3 dancers, now on stage, dance the following o.s:
Begin R. foot: Whitby, step, hop, alligator, step, ball, step.

The rhythm is: 1 +a 2 + 3y +4, 1 + 2y +a 3 + 4

Sequence 2

All dance stepping Sequence 2 o.s:

Begin R. foot: step, hop, shuffle, step, step, hop, shuffle, step, step (all on ball of foot).

The rhythm is: 1 2 +a 3 4, 1 +a 2 3 ()

Begin L. foot: Repeat steps, starting on L. foot.

Begin R. foot: alligator, alligator, step, ball, step, 2 Burton Basics, chug B.

The rhythm is : 1y+a 2y+a 3 + 4, +a 1y+a 2 +a 3y+a 4 +

Begin L. foot: alligator, alligator, step, ball, step.

The rhythm is: 1y+a 2y+a 3 + 4

Begin R. foot: step, hop, shuffle, step, step, hop, shuffle, step, step (all on ball of foot).

The rhythm is: 1 2 +a 3 4, 1 +a 2 3 ()

Repeat all of Sequence 2, beginning on L. foot.

Sequence 3

Dancer 1 only begins R. foot: alligator, alligator.

The rhythm is: 1y+a 2y+a

Dancers 1 and 2 begin R. foot: alligator, alligator.

The rhythm is: 3y+a 4y+a

OSB:
Three Steps
Forward

All begin R. foot: alligator, alligator, step.

The rhythm is: 1y+a 2y+a 3 ()

Dancer 3 only begins L. foot: alligator, alligator.

The rhythm is: 1y+a 2y+a

Dancers 3 and 2 begin L.foot: alligator, alligator.

The rhythm is: 3y+a 4y+a

All begin L. foot: alligator, step, Rodney.

The rhythm is: 1y+a 2 +a 3 +4

Sequence 4

All dancers travel to the R. dancing -

Begin R.foot: alligator, alligator, alligator, step, alligator, step, chug, alligator, step.

The rhythm is: 1y+a 2y+a 3y+a 4, 1y+a 2 + 3y+a 4

All dancers continue travelling R.: alligator, alligator, alligator, step.

The rhythm is: 1y+a 2y+a 3y+a 4

Then o.s., beginning R. foot: step, shuffle, step, shuffle, step, stamp.

The rhythm is: 1 +a 2 +a 3 4

All dancers travel to the L. dancing -

Begin L. foot: alligator, alligator, alligator, step, alligator, step, chug, alligator, step.

The rhythm is : 1y+a 2y+a 3y+a 4, 1y+a 2 + 3y+a 4

All dancers continue travelling L: alligator, alligator, alligator, step.

The rhythm is: 1y+a 2y+a 3y+a 4

Then o.s., beginning L. foot: step, hop, shuffle, step, step, hop, shuffle, step, step.

The rhythm is: 1 2 +a 3 4, 1+a 2 3 ()

Sequence 5

Dancer 2 travels fwd.

Begin R. foot: alligator, step, chug, step, alligator, step, chug, step.

The rhythm is: 1y+a 2 + 3 (), 1y+a 2 + 3 ()

Dancer 2 continues fwd. -

Begin R. foot: alligator, step, chug, alligator, step, chug, alligator, step, chug, step.

The rhythm is: 1y+a 2 + 3y+a 4 + 1y+a 3 + 3 ()

Dancers 1 and 3 travel fwd., while dancer 2 remains fwd. and dances o.s -

Begin R. foot: alligator, step, chug, step, alligator, step, chug, step.

The rhythm is: 1y+a 2 + 3 (), 1y+a 2 + 3 ()

Dancers 1 and 3 continue fwd. to meet dancer 2 while dancer 2 remains fwd. and dances o.s -

Begin R. foot: alligator, step, chug, alligator, step, chug, step, 4 knee slaps, clap, chug F. on both feet.

The rhythm is: 1y+a 2 + 3y+a 4 + 1+a 2 + (3) + 4

Sequence 6

As for *Sequence 1*, but all dancers dance all of the steps.

Sequence 7

All dance o.s.

Dancer 1, beginning R. foot: step, ball, step.

The rhythm is: 1 + 2

Dancers 1 and 2, beginning L. foot: shuffle, alligator, step.

The rhythm is: +a 3y+a 4

All dancers, beginning L. foot: shuffle, Nocalypse.

The rhythm is: +a 1 + 2 + 3 + 4

Dancer 3, beginning R. foot: step, ball, step.

The rhythm is: 1 + 2

Dancers 3 and 2, beginning L. foot: shuffle, alligator, step.

The rhythm is: +a 3y+a 4

All dancers, beginning L. foot: Whitby.

The rhythm is: 1 + a 2 + 3y + 4

Dancer 1, beginning R. foot: step, ball, step.

The rhythm is: 1 + 2

Dancers 1 and 2, beginning L. foot: shuffle, alligator, step

The rhythm is: +a 3y+a 4

All dancers, beginning L. foot: shuffle, Lizaroo.

The rhythm is: +a 1 + 2 + 3 + 4

Dancer 3, beginning R. foot: step, ball, step.

The rhythm is: 1 + 2

Dancers 3 and 2, beginning L. foot: shuffle, alligator, step.

The rhythm is: +a 3y+a 4

All dancers, beginning L. foot: shuffle, syncopated step.

The rhythm is: +a 1 + 2 + 3 + 4

Sequence 8

As for *Sequence 2* but do not dance the repetition.

OSB:
**Three Steps
Forward**

Sequence 9

Dance off to L. using these steps:

Begin L: alligator, alligator, alligator, step, alligator, step, chug, alligator, step

Do this set of steps three times to dance off.

The rhythm is: 1y+a 2y+a 3y+a 4, 1y+a 2 + 3y+a 4

1st. set of steps:

Dancer 3 begins to dance off using the first 3 alligators to turn a full circle while still moving to the L.

Dancers 1 and 2 dance the steps facing up but moving a little to the L.

2nd. Set of steps:

Dancer 3 continues dancing off. Dancer 2 starts to dance off too, using the first 3 alligators to turn a full circle while still moving to the L.

Dancer 1 remains facing up but is still moving a little to the L.

3rd. set of steps:

Dancers 2 and 3 continue to dance off. Dancer 1 now joins in, using the first 3 alligators to turn a full circle while still moving to the L.

***NB:** Dancers 2 and 3 stop dancing as soon as they are off stage so that Dancer 1 is left on stage.*

Beginning on L. foot, 1 dances o.s:

alligator, alligator, alligator, step, step, shuffle, step, step, chug B, heel, flat

The rhythm is: 1y+a 2y+a 3y+a 4 (+) 1+a 2 + 3 + 4

END

OSB:
Three Steps
Forward

Underneath The Arches

Videos available:

<https://youtu.be/ebfrN4APWAs>

<https://youtu.be/VKHZVcw6mnk> and <https://youtu.be/VSnJTgV7gsI>

This is a dance for 6 dancers.

It can be danced with fewer dancers; the 3rd video link is an example of this.

Please note that, in this older version, the star turns only once, not $1\frac{1}{2}$ times.

Note: all dances begin with R. foot unless stated otherwise.

Read notation FRONT |

Part 1: Solo

A1, A2, B1:

Soloist dances on and dances steps of own choice to music.

B2:

Soloist completes steps and dances off through an arch made by the next two dancers**

** the next two dancers dance on as a pair using 8 basics as follows: ← 1 2

Four Basics to centre back of stage (dancer 1 begins on L. foot and dancer 2 begins on R. foot), face up on step 5, take inside hands on steps 6 and 7, inside arms up on step 8 to create arch (Soloist dances off through this arch during the A1 music of Part 2 (see below) while the next two dancers are dancing on).

Part 2: Two Dancers

A1: Dancers keep the inside hand hold and dance 4 Basics fwd. Soloist dances off through this arch. (Remember both dancers in the pair are on opposite feet so are "mirroring" each other).

Dancers drop hands and dance a William Tell o.s. and a Nocalypse 360° out to the side of the stage, to end:

1 v 2

A2: Both dance 2 Indians and a "sounded" Syncopated o.s. Repeat.

B1: Both dance 4 Scooters to meet in the centre of the stage (facing up throughout). Dancers take an inside hand hold and dance 2 Basics, swinging out and in. Dancers then take a two-hand hold to face each other, i.e. 1> <2

Keeping the two-hand hold, the pair dance 2 Basics to turn up and out then dance 2 Indians o.s. facing out (back to back, i.e. <1 2>). Dancers keep the two-hand hold, arms low.

B2: Dance 2 Basics to turn down and face each other. To do this, dancers drop hands nearest the front of the stage then take a two-hand hold again when facing each other, i.e. 1> <2

Dance a "sounded" Syncopated step o.s.
Drop hands nearest to the back of the stage and dance 2 Basics swinging out and in (facing back of stage).

Dance 3 Basics and a Jump to turn round once and end: 1> <2

***NB:** From this point on, both dancers begin on R. foot*

A1: Dance 2 Basics fwd. to meet R. shoulders: 1>
<2

Dance a Cajun Lady (* begin with a William Tell and end with a kick).

A2: Dance 2 Basics fwd. (first Basic is "empty" as it follows a high Kick):
<2 1>

Then o.s., dance a "sounded" Syncopated step, 1 Basic (L foot X R foot), a 180° Kick to face each other again and 2 Basics facing in: 2> <1

B1: Dance 2 Basics to meet R. shoulders: 2>
<1

Then dance 4 Scooters around once (arm around partner's waist).

Drop arms and dance 2 Basics (to step back from and face each other).
Dance 2 Indians facing each other.

B2: Dance 2 Basics to meet L. shoulders: <1
2>

Then dance 4 Scooters around once, (arm around partner's waist).
Drop arms and dance 2 Basics (to step back from and face each other).
Dance one Indian facing each other and one Indian to face down.

Meanwhile, the next three dancers dance on using 8 Basics as follows:

← 1 2 3

4 Basics to centre back of stage, face up on step 5, take inside hands on steps 6 and 7, inside arms up on step 8 to create two arches (the pair of two dancers dance off through these arches during the A1 music of Part 3 (see below) while the next three dancers are dancing on).

Part 3: Three Dancers

A1: The trio of dancers keep inside hand hold and dance 4 Basics fwd. The pair of two dancers on stage dance off through these arches. 1 2 3 v

The trio of dancers drop hands and dance a William Tell o.s. and a Nocalypse - centre dancer does a straight Nocalypse, dancers on ends do a Nocalypse 180°. To end:

↑ ↓ ↑ All join hands in a line.
1 2 3

A2: All dance 2 Basics bkwd. then a Big Kick o.s. Then dance 2 Basics fwd. into line - dancers 1 and 3 turn out and under to face up. All hands end up in front. All dance a Nocalypse - dancers 1 and 3 join hands across the front of dancer 2.

B1: All dance 2 Basics, Buck and Wing, Wagon Wheel, 2 Basics.

B2: All dance 2 Basics (dancers 1 and 3 move outside hands behind so that the arms of dancer 2 are across the shoulders of dancers 1 and 3).
All dance 2 Wrens and 2 Basics.

OSB:
Underneath The
Arches

A1: All drop hands and dance 2 Basics (dancers 1 and 3 move slightly away from dancer 2) then dance the following:

A1 cont^d	L	R
+		brush XL
1	heel	
+		brush unXL
2	heel	
+a		shuffle
3	chug F	
+		ball
4	(raise L foot)	step
+		chug B
1		chug F
+		chug B
2		chug F
+		chug B
3		chug F
+		chug B
4		chug F
+a	shuffle	
1	step	
+a		shuffle
2		step
+a	shuffle	
3	step	
+	(bring heel up high)	ball XBL
4	step	
A2		
+	(bring heel up high)	Ball XBL
1	step	
+a		shuffle
2		step
+a	shuffle	
3	step	
+		ball
4	step	

A2 cont^d:

Then dancer 2 dances a Pony fwd. and 2 Singles o.s., then places L. toe behind R. foot to turn down and dances a Syncopated step o.s.

Meanwhile, dancers 1 and 3 turn in to face each other and walk 3 steps bkwd., then Jump o.s., to face up and dance a William Tell and Syncopated step o.s.
To end :

1↓ 3↓
2↑

B1: All turn to face the opposite space (facing clockwise) and dance a Basic and a Step Chug.

***NB:** To do this, dancers lean into the centre (R shoulder leading) on the "step, ball step" then lean out again on the "step chug."*

All dance a Syncopated step to turn in and face opposite direction (anti-clockwise).

Repeat the Basic and Step Chug, this time placing the L. shoulder towards the centre and leaning out again. All dance a Nocalypse to turn clockwise again.

B2: Make a R. hand star formation-hold just above wrists. Lean out and dance 4 Basics around clockwise 1 $\frac{1}{2}$ times. To end :

2↓
3↑ 1↑

All dance Chugs out, in, out in and **Hambone** as follows:

1. Dancer 1 claps hands and slaps knees while dancers 2 and 3 clap own hands then each other's hands.
2. Dancer 2 claps hands and slaps knees while dancers 1 and 3 clap own hands then each other's hands.
3. Dancer 3 claps hands and slaps knees while dancers 1 and 2 clap own hands then each other's hands.
4. All clap own hands then clap hands with dancer each side i.e. take hands out to either side.

Tip: on final "clap," if dancers all concentrate on where their R hand is going, they should manage to hit all hands!

A1: All dance 2 Basics into line 3↑ 2↓ 1↑ and 2 Indians o.s.

Dance 2 more Basics - dancers 2 and 3 turn $\frac{1}{2}$ way round while dancer 1 dances o.s.

End: 2↑ 3↓ 1↑ then dance 2 Indians o.s. again.

A2: Dance 2 more Basics - this time dancers 1 and 3 turn $\frac{1}{2}$ way round while dancer 2 dances o.s.

End: 2↑ 1↓ 3↑ then do 2 Indians o.s. again.

Finally, dance 2 more Basics - this time dancers 1 and 2 turn $\frac{1}{2}$ way round while dancer 3 dances o.s.

End: 1↑ 2↓ 3↑ then do 2 Indians o.s. again.

***NB:** During this figure, dancers should join hands every time they are in line, keeping close to each other with arms at sides.*

B1: All dance 2 Basics fwd. and a Wren o.s., then all dance a Nocalypse - dancers 1 and 3 do a Nocalypse 180° and dancer 2 does a straight Nocalypse, so that all dancers end facing up, i.e.

1↓ 3↓
2↓

All dance a Big Kick o.s.

B2: Dancer 2 dances 4 Basics o.s. while dancers 1 and 3 dance 4 basics fwd. into line, i.e. 1 2 3 v

All dance a straight Nocalypse and an Aerial Syncopated to end.

END

That's it Folks!



Happy Dancing, from OSB x